

Woke Up In Nashville

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Junior Willis (USA) & Scott Schrank (USA) - January 2017
音乐: Woke Up in Nashville - Seth Ennis : (iTunes)



Intro: 8 Counts (6 Seconds In) □

[1-8&] □ STEP, STEP- PIVOT- CROSS, TURN-TURN-SIDE, ROCK-RECOVER-SWEEP, CROSS- SIDE

- 1-2&3 Step LF forward (1), Step RF forward (2), Pivot 1/4 turn left on balls of feet (&), Cross RF over LF □(3) [9:00]
4&5 Make 1/4 turn right stepping LF back (4), Make 1/2 turn right stepping RF forward (&), Make 1/4 turn right step-ping LF long to left (5) [9:00]
6&7 Rock RF behind LF (6), Recover weight to LF (&), Make 1/4 turn right stepping RF forward while sweeping LF over RF (7) [12:00]
8& Cross step LF over RF (8), Step RF slightly right (&) (Weight the RF) [6:00]

[9-16&] SWEEP, BEHIND-TURN-STEP, STEP-PIVOT-SIDE, BEHIND-SIDE-CROSS, SWAY-SWAY

- 1 Step LF slightly back while sweeping RF front and behind LF (1),
2&3 Step RF behind LF (2), Make 1/4 turn left stepping LF forward (&), Step RF forward (3) [9:00]
4&5 Step LF forward (4), Pivot 1/2 turn right (&), Make 1/4 turn right stepping LF left (5), [6:00]
6&7 Step RF behind LF (6), Step LF left (&), Cross rock RF over LF (7)
8& Step LF left swaying hips left (8), Sway hips right (&)

[17-24&] SIDE, BEHIND-CROSS-TURN, STEP-PIVOT-WALK, WALK, SIDE-ROCK-CROSS-SIDE

- 1-2& Step LF long to left (1), Step RF slightly behind LF (2), Cross LF over RF (&)
3 Make a 1/4 turn right stepping RF forward (3)
4&5 Step LF forward (4), Pivot 1/2 turn right (&), Step LF forward (5) [3:00]
6 Step RF forward (6)
7& Make 1/4 turn right while rocking LF left (7), Recover weight to RF (&) [6:00]
8& Cross step LF over RF (8), Step RF right (&)

[25-32&] BEHIND, 3/4 TURN, ROCK-RECOVER-SIDE-RECOVER-BACK, BACK, COASTER STEP- CHASE

- 1/2
1-2 Cross LF behind RF (1), Make 3/4 turn left on balls of feet (2) (Weight the RF) [9:00]
3&4& Rock LF forward (3), Recover weight to RF (&), Rock LF left (4), Recover weight to RF (&)
5-6 Step LF back (5), Step RF back (6)
7& Step LF back (7), Step RF next to LF (&)
8& Step LF forward (8), Pivot 1/2 turn right on balls of feet (&) (Weight the RF) [3:00]

Start the dance again!

TAG: After you finish the second rotation, add the following four count Tag, then Start the dance from the Beginning.

- 1-2& Step LF forward (1), Rock forward on RF (2), Recover weight back to LF (&)
3-4& Step RF back (3), Rock back on LF (4), Recover weight back to RF (&)

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