

Cheap Seats

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Sue Demitropoulos (CAN) - January 2017
音乐: Cheap Seats - Dallas Smith : (Album: Lifted)



Start: After 8 counts, on lyrics

[1-8] Heel switches R-L, R rumba box, Run back R-L-R

1& Touch right heel forward, step right beside left
2& Touch left heel forward, step left beside right
3&4 Step right to right side, step left beside right, step right forward
5&6 Step left to left side, step right beside left, step left back
7&8 Step back right, left, right (12:00)

[9-16] L coaster, 1/4 pivot L, R fwd mambo, L coaster, R step

1&2 Step left back, step right beside left, step left forward
3-4 Step right forward, make 1/4 turn left stepping left to side
5&6 Rock right forward, recover weight to left, step right back
7&8 Step left back, step right beside left, step left forward
& Step right forward (9:00)

[17-24] 1/2 pivot R, full triple turn R, R fwd rock, R coaster, L step

1-2 Step left forward, make 1/2 turn right stepping right forward
3&4 Make full turn right stepping left, right, left moving slightly forward

Easier option: instead of turning, do a triple L-R-L on the spot

5-6 Rock right forward, recover weight to left
7&8 Step right back, step left beside right, step right forward
& Step left forward (3:00)

[25-32] R step-hook, L back-hook, R step-hook, L back-hook, R step-lock-step, L cross-back-side

1 Step right forward while hooking left foot behind right
2 Step left back while hooking right foot in front of left
3 Step right forward while hooking left foot behind right
4 Step left back while hooking right foot in front of left
5&6 Step right forward, lock left behind right, step right forward
7&8 Cross left over right, step right back, step left to left side (3:00)

[33-40] R chassé, L chassé, Full rolling vine turn R w/ clap

1&2 Step right to right side, step left beside right, step right to right side
3&4 Step left to left side, step right beside left, step left to left side
5-6-7-8 Make 1/4 turn right stepping right forward, make 1/2 turn right stepping left back, make 1/4 turn right stepping right to right side, touch left beside right and clap hands (3:00)

Easier option: Grapevine R: step right to side (5), cross left behind right (6), step right to side (7), touch left beside right and clap hands (8)

[41-48] L chassé, R chassé, Full rolling vine turn L w/ clap

1&2 Step left to left side, step right beside left, step left to left side
3&4 Step right to right side, step left beside right, step right to right side
5-6-7-8 Make 1/4 turn left stepping left forward, make 1/2 turn left stepping right back, make 1/4 turn left stepping left to left side, touch right beside left and clap hands (3:00)

Easier option: Grapevine L: step left to side (5), cross right behind left (6), step left to side (7), touch right beside left and clap hands (8)

Begin Again!

Ending: On Wall 7, second time facing back, after the step-hooks in section 4 (count 28) you will be facing 9:00; make 1/4 turn right to face front.

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