

# Back To Being Me

COPPER KNOB  
BY STEPHEN BRETZ

拍数: 40                      墙数: 4                      级数: Improver  
编舞者: Yvonne Anderson (SCO) - January 2017  
音乐: Back to Bein Me - Jamie Richards



Intro: Start on vocal

Notes: 4 count Tag at end of wall 2, Restart during wall 5 following count 32

## [1-8] □ STEP TOUCH IN-OUT- 1/4 LEFT with HOOK, SHUFFLE FORWARD, STEP-PIVOT-STEP, 3/4 RIGHT-CROSS

1&2&                      Step R to right, (&) Touch L toes beside right, Touch Left toes to left, On ball of right make 1/4 turn left and hook L across right shin [9.00]  
3&4                      Shuffle forward stepping L, R, L [9.00]  
5&6                      Step R forward, (&) Make 1/2 turn left taking weight on L, Step R forward [3.00]  
7&8                      1/2 turn right stepping L back, (&) 1/4 turn right stepping R to side, Step L across right [12.00]

## [9-16] □ SIDE-TOGETHER-FORWARD, SIDE TOGETHER-BACK, BACK-LOCK-BACK, FULL TRIPLE TURN (or coaster step)

1&2                      Step R to right, (&) Step L beside right, Step R forward [12:00]  
3&4                      Step L to left, (&) Step R beside left, Step L back [12.00]  
5&6                      Step R back, (&) Lock L across right, Step R back [12.00]  
7&8                      Full turn left (on the spot) stepping L, R, L (12.00)

(Easier option counts 7&8, left coaster step)

## [17-24] □ CROSS ROCK-SIDE ROCK, BEHIND-SIDE-DIAGONAL, STEP-LOCK-STEP, STEP-1/2 LEFT-STEP

1&2&                      Rock R across left, (&) Recover weight on L, Rock R to right, (&) Recover weight on L [12.00]  
3&4                      Step R behind left, (&) Step L to left, Step R forward and across left (11.30)  
5&6                      Step L forward to diagonal, (&) Lock R behind left, Step L forward to diagonal [11.30]  
7&8                      Step R forward to diagonal, (&) 1/2 turn left taking weight on L, Step R forward to diagonal [5.30]

## [25-32] □ 3/4 RIGHT-CROSS, SIDE-ROCK-RECOVER R & L, STOMP X 2-KICK X 2

1&2                      1/2 turn right stepping L back, 1/4 turn right stepping R to side, Step L across right squaring off [3.00]  
3-4&                      Step R to right (long step), Rock L behind right, (&) Recover weight on R [3.00]  
5-6&                      Step L to left (long step), Rock R behind left, (&) Recover weight on L [3.00]  
7&8&                      Stomp R beside left, (&) Stomp R beside left, Kick R to right, (&) Kick R to right [3.00]

\*\*\*RESTART\*\*\* during wall 5 dance through to count 32 (facing 3.00 o'clock) then restart

## [33-40] □ BEHIND-SIDE-CROSS, HINGE 1/2 TURN-STEP FORWARD, SHUFFLE FORWARD, STEP-PIVOT-STEP

1&2                      Step R behind left, (&) Step L to left, Step R across left [3.00]  
3&4                      1/4 right stepping L back, (&) 1/4 right stepping R to side, Step L forward and across right [9.00]  
5&6                      Shuffle forward stepping R, L, R [9.00]  
7&8                      Step L forward, (&) 1/2 turn left taking weight on R. Step L forward [3.00]

REPEAT

TAG: At the end of wall 2 add a Jazz Box Cross

1-4                      Step R across left, Step L back, Step R to right, Step L across right

