

Shape Of You

COPPERKNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Improver
编舞者: Ilona Tessmer-Willis (USA) - January 2017
音乐: Shape of You - Ed Sheeran : (Google Play / AmazonMP3 / iTunes)



Intro: 16 cts

S1: R STEP, L HITCH TAP HITCH, L STEP TOGETHER STEP, R HITCH TAP HITCH, R STEP TOGETHER STEP

1 R Step to right side
2&3 L Hitch, L Tap, L Hitch
4&5 L Step to left side, R close next to L, L Step to left side
6&7 R Hitch, R Tap, R Hitch
8&1 R Step to right side, L close next to R, R Step to right side

S2: STEP FORWARD L R L, R FORWARD ROCK, L RECOVER, R BACK, STEP BACK L R L, HEEL BOUNCE

2&3 L Step Forward, Right Step Forward, L Step Forward
4&5 R Forward Rock, L Recover, R Back
6&7 L Step Back, R Step Back, L Step Back
&8 Heel Bounce (with weight on balls of feet lift and drop heels)

S3: R 1/2 TURN: STEP R L R L R L R, L TOE TAP OUT IN OUT, SHIFT WEIGHT FROM R TO L

1 R 1/4 Turn: Step Forward R
2&3 Step Forward L R L
4&5 Step Forward R L R
6&7 L Toe Tap to left side, L Tap in, L Tap out to left side immediately shift weight to left
8&1 1/4 R Turn as R Toe points to new wall (6:00) tapping heel 3x (weight stays on left)

S4: STEP FORWARD R L R, L R L, R TOE TAP OUT IN OUT, HEEL BOUNCE

2&3 Step Forward R L R
4&5 Step Forward L R L
6&7 R Toe Tap to right side, R in, R Tap to right side
&8 Heel Bounce (with weight on balls of feet lift and drop heel)

My friend Teri suggested this song. Thank you, great tune!

Enjoy !

Contact: hel.38@att.net