

Nimby EZ

拍数: 32 墙数: 2 级数: Absolute Beginner
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音乐: Your Back Yard - Burton Cummings



Intro 32 counts - No Tags or Restarts

Section 1: □ Swivel right. Hold & Clap. Swivel left. Hold & Clap.

- 1-2 With weight on toes swivel heels right. With weight on heels swivel toes right.
- 3-4 With weight on toes swivel heels right. Hold & Clap.
- 5-6 With weight on toes swivel heels left. With weight on heels swivel toes left.
- 7-8 With weight on toes swivel heels left. Hold & Clap.

Section 2: □ Right Toe Strut. Left Toe Strut. Rocking Chair.

- 1-2 Touch right toes forward. Drop right heel to the floor.
- 3-4 Touch left toes forward. Drop left heel to the floor.
- 5-8 Rock forward on right. Recover onto left. Rock back on right. Recover onto left.

Section 3: □ Step. Hold. ¼ Turn left. Hold. Step. Hold. ¼ Turn left. Hold.

- 1-4 Step forward on right. Hold. Turn ¼ left. Hold.
- 5-8 Step forward on right. Hold. Turn ¼ left. Hold.

Section 4: □ Slow right Chasse. Touch. Slow left Chasse. Touch.

- 1-3 Step right to right side. Close left beside right. Step right to right side.
 - 4 Touch left beside right.
 - 5-7 Step left to left side. Close right beside left. Step left to left side.
 - 8 Touch right beside left.
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