

# Parachute Shuffle

**COPPER** KNOB  
STEPPERS

拍数: 32                      墙数: 4                      级数: Low Intermediate  
编舞者: Carol Cotherman (USA) - January 2017  
音乐: Parachute - Chris Stapleton : (Album: Traveller)



## #36 count intro

### Rock, Recover, Triple Step Forward, Rock, Recover, Coaster Step

1-2-3&4            Rock back on right, recover to left, step right forward, step left beside right, step right forward  
5-6-7&8            Rock forward on left, recover on right, step left back, step right beside left, step left forward

### Step, 1/4 Turn, Crossing Triple, Side, Behind, 1/4 Triple Step

1-2-3&4            Step right forward, 1/4 turn left taking weight to left, cross right over left, step left to side,  
cross right over left (9:00)  
5-6-7&8            Step left to side, step right behind left, 1/4 turn left stepping left forward, step right beside left,  
step left forward (6:00)

### Step, 1/2 Turn, Triple Step, 1/2 Turn, 1/4 Turn, Crossing Triple

1-2-3&4            Step right forward, 1/2 turn left taking weight to left, step right forward, step left beside right,  
step right forward (12:00)  
5-6-7&8            1/2 Turn right stepping back on left, 1/4 turn right stepping right to side, cross left over right,  
step right to side, cross left over right (9:00)

### Side Rock, Recover, 1/2 Sailor Turn, Rock, Recover, Triple Step Back

1-2-3&4            Rock right to side, recover to left, 1/2 turn right sweeping right behind left, step left beside  
right, step right in place  
5-6-7&8            Rock left forward, recover to right, step left back, step right beside left, step left back

## REPEAT

### Tag 1: 4 counts - End of walls 1 & 5 facing 3:00:

#### Reverse Rocking Chair

1-2-3-4            Rock right back, recover to left, rock right forward, recover to left

### Tag 2: 16 counts - End of wall 7 facing 9:00

#### Reverse Rocking Chair, Triple Step Back, Rock, Recover

1-2-3-4            Rock right back, recover to left, rock right forward, recover to left  
5&6-7-8            Step right back, step left beside right, step right back, rock left back, recover to right

#### Rocking Chair, Triple Step Rock, Recover

1-2-3-4            Rock left forward, recover to right, rock left back, recover to right,  
5&6-7-8            Step left forward, step right beside left, step left forward, rock right forward, recover to left

Contact: [topcat1217@windstream.net](mailto:topcat1217@windstream.net)

Last Update: 8 Feb 2024