

# Tell It To My Heart

拍数: 64      墙数: 4      级数: Intermediate  
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音乐: Tell It to My Heart - Filatov & Karas



Intro: 36 count

## S1: R POINT FWD, R POINT SIDE, CROSS, L POINT, BEHIND-SIDE, CROSS SHUFFLE

1-2            RF point forward, RF point side  
3-4            RF cross, LF point side  
5-6            LF step behind RF, RF step side  
7&8           LF cross, RF step beside, LF cross

## S2: SIDE, ¼ TURN L, SHUFFLE FWD, ½ TURN R, ½ TURN R, SHUFFLE ½ R

1-2            RF step side, LF ¼ left step forward □ (9:00)  
3&4           RF step forward, LF step beside, RF step forward  
5-6            LF ½ right step back (3:00), RF ½ right step forward (9:00)  
7&8           LF ¼ left step side, RF step beside, LF ¼ left step back □ (3:00)

## S3: BACK ROCK, SIDE-TOUCH, SIDE-TOUCH, KICK-BALL-CROSS

1-2            RF rock back, LF recover  
3-4            RF step side, LF touch beside  
5-6            LF step side, RF touch beside  
7&8           RF kick diagonally, RF step beside, LF cross

## S4: SIDE ROCK, SAILOR ¼ R, ROCK STEP, SHUFFLE ½ L

1-2            RF rock side, LF recover  
3&4           RF ¼ step back, LF step beside, RF step forward (6:00)  
5-6            LF rock forward, RF recover  
7&8           LF ¼ left step side, RF step beside, LF ¼ left step forward (12:00)

## S5: SIDE-HOLD & CROSS, ¼ TURN R, ¼ TURN R, HOLD & CROSS, SIDE

1-2&3        RF step side, hold, LF step beside RF, RF cross  
4            LF ¼ right step back (3:00)  
5-6&7       RF ¼ right step side, hold, LF step beside RF, RF cross (6:00)  
8            LF step side

## S6: ROCK BACK, TOUCH-BALL-STEP, ROCK FWD, TRIPLE FULL TURN R

1-2            RF rock back, LF recover  
3&4           RF touch next to left, step on ball of RF, LF step forward  
5-6            RF rock forward, LF recover  
7&8           Triple full turn right stepping r-l-r (alternative: COASTER STEP) (6:00)

## S7: ROCK FWD, ¼ TURN L CHASSÉ, JAZZBOX

1-2            LF rock forward, RF recover  
3&4           LF ¼ left step side, RF step beside, LF step side (3:00)  
5-6            RF cross, LF step back  
7-8           RF step side, LF step forward

## S8: STEP ½ TURN 2x L, CROSS ROCK, SIDE ROCK

1-2            RF step forward, R+L ½ turn left (9:00)  
3-4            RF step forward, R+L ½ turn left (3:00)

5-6 RF cross, LF recover  
7-8 RF rock side, LF recover

**RESTARTS:-**

1. On wall 2 - after 32 count – 3:00
2. On wall 5 - after 32 count and TAG– 9:00

**TAG - on wall 5**

**JAZZBOX**

1-2 RF cross, LF step back  
3-4 RF step side, LF step forward

**Have Fun**

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