

Cartwheels

拍数: 48 墙数: 2 级数: Intermediate
编舞者: The Highlander (UK) - January 2017
音乐: Cartwheels - Ward Thomas : (Album Version)



Start on vocals, approx 12 seconds intro

S1: $\frac{3}{4}$ Roll Right, Back $\frac{1}{2}$ Right Step, Rocking Chair, Step $\frac{1}{4}$ Left Cross

1&2 Turn $\frac{1}{4}$ right stepping R forward, Turn $\frac{1}{2}$ right stepping back on L, Step R back, (9 o'clock)
3&4 Step L back, Turn $\frac{1}{2}$ right stepping R forward, Step L forward, (3 o'clock)
5&6& Rock R forward, Recover onto L, Rock R back, Recover onto L,
7&8 Step R forward, pivot $\frac{1}{4}$ turn left, Cross R over L. (12 o'clock)

S2: Left Together Forward, Cross Turn $\frac{1}{8}$ Back, Back Turn $\frac{1}{8}$ Cross, Right Together Forward.

1&2 Step L to side, Step R next to L, Step L forward,
3&4 Cross R over L, Turn $\frac{1}{8}$ right to face right diagonal stepping L back, Step R back, (1.30)
5&6 Step L back, Turn $\frac{1}{8}$ right stepping R to right side, Cross L over R (3 o'clock).
7&8 Step R to side, Step L next to R, Step R forward.

S3: $\frac{3}{4}$ Roll Left, Back $\frac{1}{2}$ Left Forward, Rocking Chair, Step Turn Step.

1&2 Turn $\frac{1}{4}$ left stepping L forward, Turn $\frac{1}{2}$ left stepping R back, Step L back, (6 o'clock)
3&4 Step R back, Turn $\frac{1}{2}$ left stepping L forward, Step R forward, (12 o'clock)
*****Step change and restart here on wall 5 Please see below*****
5&6 Rock forward onto L, Recover onto R, Rock back onto L, Recover onto R,
7&8 Step L forward, pivot $\frac{1}{2}$ turn right, Step L forward. (6 o'clock)

S4: Side Rock Cross, Side Rock Cross, Side Touch, Side Kick, Behind Side Cross.

1&2 Rock R to right side, Recover onto L, Cross R over L,
3&4 Rock L to left side, Recover onto R, Cross L over R,
5&6& Step R to side, Touch L next to R, Step L to side, Kick R towards right diagonal,
7&8 Step R behind L, Step L to side, Step R over L.

S5: $\frac{1}{4}$ Left, Step $\frac{1}{2}$ Turn Left, $\frac{1}{4}$ Left, Behind Side Cross, Sway Right Left.

1 Turn $\frac{1}{4}$ left stepping L forward. (3 o'clock)
2,3 Step R forward, Pivot $\frac{1}{2}$ Turn left, (9 o'clock)
4 Turn $\frac{1}{4}$ left stepping R to right side.(6 o'clock)
5&6 Step L behind R, Step R to side, Step L over R,
7,8 Stepping R to side sway onto R, Sway onto L.

S6 Sailor $\frac{1}{4}$ Turn Right, Step Turn Step, Mambo $\frac{1}{4}$ Turn Right, Cross Side Behind.

1&2 Step R behind L, Turning $\frac{1}{4}$ right step L to left side, Step R next to L, (9 o'clock)
3&4 Step L forward, Pivot $\frac{1}{2}$ turn right, Step L forward, (3 o'clock)
5&6 Rock forward onto R, Recover onto L, Turn $\frac{1}{4}$ right Stepping R to side, (6 o'clock)
7&8 Step L over R, Step R to side, Step L behind R .

**** Wall 5 - Step Change & Restart ****

During S3 replace counts 5&6 with

Step L forward.

Touch R next to L.

(Restart facing 12 o'clock on the word cartwheels)

Music Note – This dance was Choreographed to the album version of Cartwheels.

If using the single version an extra Restart is required during wall 2 at the end of Sec 5.

Single version of the song has No intro.

(Contact - theldhighlander@gmail.com)
