

Walzer

COPPERKNOB
BY STEPHEN

拍数: 48 墙数: 2 级数: Advanced Beginner Viennese Waltz
编舞者: Ilona Tessmer-Willis (USA) - January 2017
音乐: Breakaway - Kelly Clarkson : (Google Play - AmazonMP3 - iTunes)



Walzer (German for "waltz" is danced at about 180 BPM) & refers to the original dance, not the English or Slow Waltz.

Wiener Walzer (Viennese Waltz) was danced before the English Waltz, which it was the first ballroom dance performed in closed hold or "waltz" position.

Now, English or Slow Waltz is meant, when speaking of waltz (90 beats BPM). Germany, Austria, France, Scandinavia & other countries where ballroom is popular still think of Viennese Waltz when referring to waltz.

Intro: 48ct

S1: R & L WALTZ BALANCE

1-2-3 R Step to Right Side, L Close next to R, Step R in place
4-5-6 L Step to Left Side, R Close next to L, Step L in place

S2: R FULL TURN: R L R, L R L

1 2 3 R 1/4 Turn: R Step Back, L Step Slightly Forward, R 1/4 Turn: R Step Close
4 5 6 R 1/4 turn: L Step Forward, R Step Slightly Back, R 1/4 Turn: L Step Close

S3: R TWINKLE, L WEAVE

1 2 3 R Step across L, L Step to Left Side, R Step next to L
4 5 6 L Step across R, R Step to Right Side, L Step Behind R

S4: R BALANCE STEP, L 1/2 TURN HOLD

1 2 3 R Step to Right Side, L Close next to R, R Step in place
4 5 6 L 1/2 Turn: L Step 1/2 Turn, R Step to Right Side, Hold (weight on left)

S5: R 1/2 TURN, HOLD, STEP BACK L R L

1 2 3 R 1/2 Turn: R Step 1/2 to R, L Step to L Side, Hold (weight on right)
4 5 6 Step Back L R L

S6: R STEP, L KICK, HOLD, L COASTER STEP

1 2 3 R Step Forward, L Kick, Hold
4 5 6 L Step Back, R Close next to L, R Step Forward

S7: R STEP, L KICK, HOLD, L COASTER STEP

1 2 3 R Step Forward, L kick, Hold
4 5 6 L Step Back, R Close next to L, R Step Forward

S8: R FORWARD 1/2 TURN R, SWAY

1 2 3 R Step Forward, Turn R 1/2 (over right shoulder), Close R next to L
4 5 6 Sway (weight on left)

Enjoy dancing the Walzer to Kelly C. -- or any waltz of your choice

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