

Hung Bao

COPPER KNOB
BY STEPHEN HETS

拍数: 64 墙数: 1 级数: Phrased Improver
编舞者: Sally Hung (TW) - January 2017
音乐: Hung Bao (紅包)



Sequence of dance: A Tag1 AA Tag2 BB/ A Tag1 AA Tag2 BBBB A1
Intro: 16 counts

Tag1 (8 counts)

1-8 do free arms movement for 8 counts in place

Tag2 (4 counts)

1-4 do free arms movement for 4 counts in place

SECTION A (32 COUNTS)

A1. HEEL STRUT, CROSS HEEL STRUT, SIDE, CROSS, BACK, SIDE

1,2,3,4 Step R heel to R, place R heel in floor, cross step L heel over R, place L heel in floor
5,6,7,8 Step R to R, cross step L over R, step R back, step L to side

A2. SIDE, TOUCH, SIDE, TOUCH, VINE R, TOUCH

1,2,3,4 Step R to R side, touch L beside R, step L to L side, touch R beside L
5,6,7,8 Step R to R side, cross L behind R, step R to R side, touch L beside R

A3. HEEL STRUT, CROSS HEEL STRUT, SIDE, CROSS, BACK, SIDE

1,2,3,4 Step L heel to L, place L heel in floor, cross step R heel over L, place R heel in floor
5,6,7,8 Step L to L, cross step R over L, step L back, step R to side

A4. SIDE, TOUCH, SIDE, TOUCH, VINE L, TOUCH

1,2,3,4 Step L to L side, touch R beside L, step R to R side, touch L beside R
5,6,7,8 Step L to L side, cross R behind L, step L to L side, touch R beside L

SECTION B (32 COUNTS)

B1. ROCKING CHAIR, ½ TURNING SHUFFLE, BACK ROCK, RECOVER

1,2,3,4 Rock R fwd, recover onto L, rock back on R, recover onto L
5&6,7,8 Turning ½ L - shuffle R,L,R, rock back on L, recover onto R

B2. ROCKING CHAIR, ½ TURNING SHUFFLE, BACK ROCK, RECOVER

1,2,3,4 Rock L fwd, recover onto R, rock back on L, recover onto R
5&6,7,8 Turning ½ R - shuffle L,R,L, rock back on R, recover onto L

B3. CHASSE R, BACK ROCK, RECOVER, ROCKING CHAIR

1&2,3,4 Step R to R side, close L beside R, step R to R side, rock back on L, recover onto R
5,6,7,8 Rock L fwd to L diagonal, recover onto R, rock back on L, recover onto R

B4. CHASSE L, BACK ROCK, RECOVER, ROCKING CHAIR

1&2,3,4 Step L to L side, close R beside L, step L to L side, rock back on R, recover onto L
5,6,7,8 Rock R fwd to R diagonal, recover onto L, rock back on R, recover onto L

Happy dancing!

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