

Dimples

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Kate Sala (UK) - January 2017
音乐: Dimples - Cliff Richard : (Album: 'Just... Fabulous Rock 'n' Roll - 3:58)



Intro: 32 counts or 16 seconds.

S1: Walk x 2, Kick Ball Change, Walk x 2, Kick Ball Change.

1 2 Walk forward on R, L.
3 & 4 Kick R forward. Step down on ball of R. Step down on L.
5 6 Walk forward on R, L.
7 & 8 Kick R forward. Step down on ball of R. Step down on L.

S2: Rock Forward, Recover, Triple Step 1/4 Turn Right, Crossing Rocking Chair.

1 2 Rock forward on R. Recover on to L.
3 & 4 Triple step on the spot turning 1/4 right stepping down on R, L, R. 3:00
5 - 8 Cross rock on L over R. Recover on to R. Rock back on L to left diagonal. Recover on to R.

S3: Cross Shuffle, Chasse Right, Rock Back, Recover, Chasse Left.

1 & 2 Cross step L over R. Step R to right side. Cross step L over R.
3 & 4 Step R to right side. Step L next to R. Step R to right side.
5 6 Rock back on L. Recover on to R.
7 & 8 Step L to left side. Step R next to L. Step L to left side.

S4: Reverse Rocking Chair, Walk Back x 2, Long Step Back, Drag.

1 - 4 Rock back on R. Recover on to L. Rock forward on R. Recover on to L.
5 6 Walk back on R, L.
7 8 Long step back on R. Drag L towards R (keeping weight on R).

S5: Ball Step Forward, Walk, Shuffle, Step Turn 1/4 Right, Step Forward, Point Right.

& 1 2 Step down on ball of L. Step forward on R. Step forward on L.
3 & 4 Step forward on R. Step L next to R. Step forward on R.
5 6 Step forward on L. Pivot 1/4 turn R. 6:00
7 8 Step forward on L. Point R toe out to right side.

S6: Touch Across, Touch Out Right, Bump Hips Right x 2, Bump Hips Left x 2, Step Behind, Step Left.

1 2 Touch R toe forward and across L. Touch R toe out to right side.
3 4 Take weight on R bumping hips to right side x 2.
5 6 Transfer weight to L bumping hips left x 2.
7 8 Cross step R behind L. Step L to left side.

S7: Cross Shuffle, Long Step Left, Drag, Ball Cross, Step Right, Rock Back On Left, Recover.

1 & 2 Cross step R over L. Step L to left side. Cross step R over L.
3 4 Long step on L to left side. Drag R towards L.
& 5 6 Step down on ball of R. Cross step L over R. Step R to right side.
7 8 Rock back on L. Recover on to R.

S8: & Rock Back On Right, Recover, Heel Grind 1/4 Turn Right, Rock Back, Recover, Step Pivot 1/2 Turn Left.

& 1 2 Step L next to R. Rock back on R. Recover on to L.
3 4 Dig R heel forward grinding 1/4 turn right. Step back on L. 9:00
5 6 Rock back on R. Recover onto L.
7 8 Step forward on R. Pivot 1/2 turn left. 3:00

Start Again

NO RESTARTS - dance through the change in music.
