

# Shakin' It

COPPER KNOB  
STEPSHEETS

拍数: 56      墙数: 4      级数: Phrased Low Intermediate  
编舞者: Trine Haukø Lund (NOR) - January 2017  
音乐: Shake It (feat. Big & Rich) - The Lacs



#64 counts intro - Sequence of dance: A-A - B-B - A-A-A - B-B - A-A - B-B - B-B

## Part A: 32 counts

### A1: Diagonal forward lock right, scuff, diagonal forward lock left, scuff

- 1-4            Step RF forward to R diagonal, close LF behind RF, step RF forward to R diagonal, scuff LF beside LF
- 5-8            Step LF forward to L diagonal, close RF behind LF, step LF forward to L diagonal, scuff RF beside RF

### A2: Jazz box R, cross, wine R

- 1-4            Cross RF over LF, step back on LF, step RF to R, cross LF over RF
- 5-8            Step RF to R, cross LF behind RF, step RF to R, cross LF over RF

### A3: Rock R, 1/4 turn L, step, Full turn R

- 1-4            Rock RF to R, recover on LF, turn 1/4 L(9.00), step forward on RF, hold
- 5-8            Turn 1/2 R, step back on LF(3.00), turn 1/2 R step forward on RF(9.00), step forward on LF, hold

### A4: Mambo forward, step hitch, step hitch, step, step

- 1-4            Rock forward on RF, recover on LF, step back on RF, hitch L knee
- 5-8            Step back on LF, hitch R knee, step back on RF, step LF next to RF

## Part B: 24 counts (first time part B, you are facing 6 o'clock)

### B1: Nightclub basic R, nightclub basic L, weave with 1/4 turn R, step 3/4 turn R, touch

- 1-2&          Step RF to R, close LF behind RF, cross RF over LF
- 3-4&          Step LF to L, close RF behind LF, cross LF over RF
- 5&6&          Step RF to R, cross LF behind RF, turn 1/4 R(9.00) step forward on RF, step forward on LF
- 7&8          Turn 1/2 R(3.00), step forward on RF, turn 1/4 R(6.00) step LF to L, touch RF next to LF

### B2: Side together side touch R, side together side touch L

- 1-4            Step RF to R, step LF beside RF, step RF to R, touch LF beside RF
- 5-8            Step LF to L, step RF beside LF, step LF to L, touch RF beside LF

### B3: Step forward touch, step back 1/4 turn L touch, step forward touch, step back 1/4 turn L touch

- 1-4            Step RF forward, touch LF beside RF(shake shoulders), 1/4 turn L(3.00), step LF to L, touch RF beside LF

#### (shake shoulders)

- 5-8            Step RF forward touch LF beside RF(shake shoulders), 1/4 turn L(12.00), step LF to L, touch RF beside LF

#### (shake shoulders)

Have fun, and Shake It!

Contact: [trilund@online.no](mailto:trilund@online.no)