

Shut Up And Dance

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 4 级数: Improver
编舞者: DJ Randy Gator (USA) - January 2017
音乐: Shut Up and Dance - WALK THE MOON



S1: RIGHT FORWARD SHUFFLE, LEFT FORWARD ½ TURN RIGHT, LEFT SHUFFLE FORWARD, ½ TURN LEFT AND STEP RIGHT BACK, LEFT BACK

1&2 Right shuffle forward, RLR
3-4 Step Left forward, Turn ½ right (weight to right) (6:00)
5&6 Left shuffle Forward LRL
7-8 Turn ½ Left and step right back, step left back (12:00)

S2: RIGHT SHUFFLE BACK, ROCK, WALK, FORWARD, LEFT SHUFFLE FORWARD

1&2 Right shuffle back RLR
3-4 Rock back on left, recover on right
5-6 Walk forward, LR
7&8 Left shuffle forward

S3: STEP OUT, CLAP, STEP IN, CLAP

1&2 Step right out and left out, clap
3&4 Step right in and left in, clap
5-6 Right hip bump twice
7-8 Left hip bump twice

S4: RIGHT SIDE SHUFFLE, ROCK STEP, LEFT SIDE SHUFFLE, ROCK STEP

1&2 Right side shuffle, RLR
3-4 Rock back on left and recover on right
5&6 Left side shuffle, LRL
7-8 Rock Back on right and recover on left

S5: RIGHT STEP, HOLD CLAP & RIGHT STEP, HOLD CLAP, LEFT CROSS OVER RIGHT, RECOVER, ¼ LEFT SHUFFLE

1-2 Step right on side, hold/clap
3-4 Step Left together, step right to side, hold/clap
5-6 Cross rock left over right, recover on right
7-8 Turn left ¼ shuffle LRL

Contact: iscott0688@hotmail.com
