

Have You Ever Been Lonely?

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Jan Brookfield (UK) - December 2016
音乐: Have You Ever Been Lonely? - Rose-Marie



Start dance after 16 counts on word "lonely".

[Alternative slower version by Daniel O'Donnell & Mary Duff 102 BPM
Start dance after 11 secs on the word "lonely"]

Section 1 : BACK ROCK, RECOVER, CHASSE HALF TURN , BACK ROCK, RECOVER, FORWARD SHUFFLE

1,2, 3&4 Rock back on R, recover onto L, making a half turn over left shoulder chasse R,L,R
5,6, 7&8 Rock back on L, recover onto R, shuffle forward on L,R,L (now facing 6 o'clock)

Section 2 : ROCKING CHAIR, SIDE ROCK, RECOVER, BEHIND, SIDE, ACROSS

9,10,11,12 Rock forward on R, recover onto L, rock back on R, recover onto L
13,14 Rock R to right side, recover onto L
15&16 Step R behind L, step L to left side, step R across in front of L

Section 3 : STEP, TOUCH, SWAY, CHASSE ¼ TURN RIGHT, STEP, TOUCH

17,18, Step L to left side, touch R next to L
19,20 Step R to right side swaying hips right, transfer weight onto L swaying hips left
21&22 Step R to right side, close L to R, making a quarter turn right step R forward
23,24 Step L forward, touch R next to L (facing 9 o'clock)

Section 4 : BACK ROCK, RECOVER, KICK-BALL-CHANGE, POINT, STEP, POINT , STEP

25,26 Rock R back, recover onto L
27&28 Kick R forward, drop back onto R, step forward onto L
29,30 Point R toes to right side, step R forward
31,32 Point L toes to left side, step L forward

START AGAIN

Last Update - Jan 2017