

# 12 Step Program For Love

**COPPER KNOB**  
STEPSHEETS

拍数: 48      墙数: 4      级数: Improver  
编舞者: Lisa McCammon (USA) - December 2016  
音乐: 12 Step Program (Of Love) - D.D. Alan



#32 count intro

Dance rotates counterclockwise; Start weight on L crossed over R

**S1: SIDE STRUT, BACK ROCK, RECOVER, SIDE, BEHIND, SIDE, CROSS**

1-4            Touch R toes to side, drop heel, taking weight; rock back L, recover R  
5-8            Step L to side, step R behind, step L to side, cross R

**S2: SIDE STRUT, BACK ROCK, RECOVER, SIDE, BEHIND, SIDE, CROSS**

1-4            Touch L toes to side, drop heel, taking weight; rock back R, recover L  
5-8            Step R to side, step L behind, step R to side, cross L \*\*RESTART

**S3: SIDE STRUT, BACK ROCK, RECOVER, STEP, BRUSH, CROSS ROCK, RECOVER RIGHT ¼**

1-4            Touch R toes to side, drop heel, taking weight; rock back L, recover R  
5-6            Step L to side, brush R  
7              Cross rock R  
8              Recover L whilst turning right ¼ [3] keeping weight on L ball

**S4: STEP, BRUSH, STEP, BRUSH; RUN, RUN, RUN, (TURNING ½ RIGHT), HOLD**

1-4            Step forward R, brush L, step forward L, brush R  
5-6-7        Turning right ½ total [9], step forward R, L, R  
8              HOLD

**S5: STEP, TOUCH, KICK-BALL-CHANGE; DIP, DIP**

1-2            Step forward L, touch R next to L ("home")  
3&4         Kick R forward, step R home, step L home  
5-6            Step R to side bending knees slightly, straighten, touching L toes slightly forward  
7-8            Step L to side bending knees slightly, straighten, touching R toes slightly forward

**S6: BACK, TOUCH, BACK, TOUCH; SIDE ROCK, RECOVER, CROSS ROCK, RECOVER**

1-4            Step back R, touch L home, step back L, touch R home  
5-8            Side rock R, recover L, cross rock R, recover L

**RESTART after 16 counts during 5th repetition facing [12]**

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