

No I Don't (Yes I Do)

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Senior / Raw Beginner
编舞者: Wanda Heldt (AUS) - December 2016
音乐: Yes I Do - Shakin' Stevens



**** Choreographed Specially for The Seniors Step Program - Christmas Party 21st Dec.2016 ****

Split floor with 'Yes I Do' by Christina Yang - It's one of SSW Favourite dances and love the music!
Newcomers / Seniors never left out.

SIDE, TOGETHER, STEP BACK, HOLD, SIDE, TOGETHER, FORWARD, HOLD

1-2 Step Right to Right side, Step Left next to Right.
3-4 Step back on Right, Hold.
5-6 Step Left to Left side, Step Right next to Left.
7-8 Step Left forward, Hold.

RUN/WALK FORWARD R.L.R, HOLD, RUN/WALK FORWARD L.R.L, HOLD

1-4 Run/Walk forward Right, Left, Right, Hold. [Small steps]
5-8 Run/Walk forward Left, Right, Left, Hold. [“ “]

STEP TO RIGHT SIDE, TOUCH, 1/4 TURN LEFT, TOUCH, STEP TO RIGHT SIDE, TOUCH, 1/4 TURN LEFT, TOUCH

1-2 Step Right to Right side, Touch Left next to Right.
3-4 1/4 turn Left on Left, Touch Right next to Left. [9:00]
5-6 Step Right to Right side, Touch Left next to Right.
7-8 1/4 turn Left on Left, Touch Right toe next to Left. [6:00]

HIP BUMPS LEFT TWICE, RIGHT TWICE, LEFT X4

1-4 Bump hips twice to the Right, Twice to the Left.
5-8 Bump hips R.L.R.L [Wt. on the Left]

Option: 5-8 instead of hips bumps - rotate hips in a circle motion, Wt. ending on Left)

Repeat.... HAVE FUN IN LIFE & IN DANCE.

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