

Don't It Feel Good

拍数: 32 墙数: 4 级数: Improver
编舞者: Jessica Carlson (USA) - December 2016
音乐: Don't It Feel Good - Home Free



Starts after 16 Counts (of music) with the Lyrics
Restart in 4th Rotation and Tag in 10th Rotation

Section 1: Rocking Chair, Step Forward, Scuff, Cross, Step Back

1,2,3,4 Step RF Forward (1), Recover weight on LF (2), Step RF Back (3), Recover weight on LF (4)
5,6,7,8 Step RF Forward (5), Scuff LF (6), Cross LF over RF (7), Step back on RF (8)

Section 2: Side Rock, Step behind, Step Right, ¼ Paddle turn to the Right

1,2,3,4 Step LF to Left (1), Recover weight on RF (2), Step LF behind RF (3), Step RF to Right (4)
5,6,7,8 Make 1/16 turn over R shoulder by touching Left toe slightly forward (5), Make 1/16 turn over
R shoulder by touching Left toe slightly forward (6), Make 1/16 turn over R shoulder by
touching Left toe slightly forward (7), Make 1/16 turn over R shoulder by stepping forward (8)
(End facing 3:00)

****Restart here in 4th Rotation**** □ □

*****Tag here in 10th Rotation, and continue the dance*****

Tag: 4 count hold

Section 3: Touch RF out, Cross RF over LF, Touch LF out, Cross LF over RF, Hop and step RF out then LF out, Hold, Elvis knees

1,2,3,4 Touch RF out to Right (1), Cross RF over LF (2), Touch LF out to Left (3), Cross LF over RF
(4)
&5,6,7,8& Hop up, land out on RF (&), land out on LF (5), Hold (6), Bring R knee in (7), Bring L knee in
(8), Shift weight to LF (&)

Section 4: Rock Forward, Recover, Step Back, Hitch LF, Step Back, Hold, Heel Pops while making half turn over L Shoulder

1,2,3,4 Step RF Forward (1), Recover weight on LF (2), Step Back on RF (3), Hitch LF (4)
5,6,7,8 Step Back on LF (5), Hold (6), Make ¼ turn over L Shoulder while popping heels (7), Make ¼
turn over L shoulder while popping heels (8) (9:00)

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