

She Said No No No

拍数: 32 墙数: 2 级数: High Beginner
编舞者: Monika Mickein (DE) & Ron van Oerle (NL) - November 2016
音乐: No No No - Milow



Intro: 16 counts

Sec.1 - Point R, Hold & Point L, Hold & Point R & Point L & Rock Fwd

1-2 RF Point to right side, HOLD
&3-4 RF Step next to LF, LF Point to left side, HOLD
&5&6 LF step next to RF, RF Point to right side, RF step next to LF
 LF Point to left side
&7-8 LF step next to RF, RF step fwd, recover on LF

Sec. 2 - R Back Lockstep, L Back Lockstep, Back Rock, Step 1/2 Turn L

1&2 RF step back, LF lock front RF, RF step back
3&4 LF step back, RF lock front LF, LF step back
5-6 RF step back, recover on LF
7-8 RF step fwd, ½ turn left (change weight on LF) □ (6:00)

**** Restarts – Wall 3 – 6:00 & Wall 8 – 12:00**

Sec. 3 – Cross Side, Behind Side Cross, Side Rock, Behind Side Cross

1-2 RF cross over LF, LF step left side
3&4 RF step behind LF, LF step left side, RF cross over LF
5-6 LF step left side, recover on RF
7&8 LF step behind RF, RF step right side, LF cross over RF

Sec. 4 – ¼ Turn R, R Lockstep Fwd, Rock Fwd, ¼ Turn L Chasse, Back Rock

1&2 ¼ turn R, RF step fwd, LF lock behind RF, RF step fwd □ (9:00)
3-4 LF step fwd, recover on RF
5&6 ¼ turn L, LF step left side, RF close next to LF, LF step left side □ (6:00)
7-8 RF step back, recover on LF

Start again

**** 2 Restarts: after 16 counts - Wall 3 – 6:00 & Wall 8 – 12:00**

Tag: end of Wall 9 – (6:00) – 4 counts

Twist ½ Turn L

1 RF cross over LF
2-4 ½ turn left (finish ½ turn weight on LF) (12:00)

Contact: m.mickein@wt.net
[19.11.2016]