

# Cowboys & Friends

**COPPER** **NOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
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音乐: Cowboys and Friends - Garth Brooks : (www.amazon.com)



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## R ROCK FWD- REC BACK L – R SHUFFLE BACK- L ROCK BACK- R REC FWD0 L SHUFFLE FWD

1-2            Rock forward right, recover back left  
3&4            Shuffle back right, left, right  
5-6            Rock back left, recover forward right  
7&8            Shuffle forward left, right, left

## R SIDE ROCK- L REC- R CROSSOVER SHUFFLE - L SIDE ROCK- REC R- L CROSSOVER SHUFFLE

1-2            Rock right to right side, recover left  
3&4            Crossover shuffle right, left, right  
5-6            Rock left to left side, recover right  
7&8            Crossover shuffle left, right, left

**\*\*\*\* RE-START HERE DURING WALL 5**

## R SIDE- L BEHIND- SHUFFLE SIDE R-L CROSS ROCK- REC R- SAILOR 1¼ L

1-2            Step right to right, step left behind  
3&4            Shuffle side right, left, right  
5-6            Cross rock left across right, recover back right  
7&8            Step left behind right making ¼ turn left, step right to right, step left in place

## WALK R – L – SHUFFLE FWD R- WALK L - R –SHUFFLE FWD L

1-2            Walk forward right, left  
3&4            Shuffle forward right, left, right  
5-6            Walk left, right  
7&8            Shuffle forward left, right, left

**Begin again!**

**\*\*\*\*Re-Start: Dance first 16 cts. during wall 5 (facing 12 O'Clock) and then Re-start**

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