

Dance For Your Freedom

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Low Intermediate
编舞者: Noe J. Roldan (USA) - November 2016
音乐: Dance for Your Freedom - Shotgun Jefferson



A note from the choreographer:-

This dance was created with the most love, respect, and honor to the American people, the flag, and the nation as a whole. It in no way intends to mock or disrespect the veterans, the military, or the people who have and keep fighting for the American freedom. God bless the USA

STEP – STEP – ROCK TO SIDE / TURN – STEP – HEEL – HEEL – TOES - HEEL

- 1 - 2 Step right foot forward – Step left foot forward
- 3 & 4 Rock right foot to right – Recover on left while making a ¼ turn left – Step right foot forward
- 5 - 6 Tap left heel in front (x2)
- & 7 Step left foot next to right – Tap down with right toes
- & 8 Step right foot next to left – Tap left heel in front

ROCK - RECOVER – JUMP BACK ON ONE LEG (X2) *** See optional shuffle back – STEP BACK – RECOVER – PIVOT TURN – STEP RIGHT

- 1 - 2 Rock forward on right foot – Recover weight on left leg
- 3 - 4 Jump backward landing on right leg – Jump backward again while still balancing on right leg
- 3 - 4 *** Optional replace with a triple step back R, L, R)
- 5 - 6 Step left foot back – Recover (forward) on right leg
- 7 - 8 Do a half pivot turn over left shoulder – Step right foot diagonally forward to right

L CROSS BEHIND – R OUT TOUCH – R CROSS BEHIND – L OUT TOUCH – SLAP HEEL – L OUT TOUCH – SLAP KNEE – FEET TOGETHER

- 1 - 2 Cross left foot behind right – Tap right toes out to right
- 3 - 4 Cross right foot behind left – Tap left toes out to left
- 5 - 6 Flicker left leg behind right and slap heel with right hand – Tap left toes out to left
- 7 - 8 Hitch left knee up and slap with right hand – Step left foot down next to right

ROCK TO RIGHT – RECOVER – ROCK TO LEFT – RECOVER – R STEP BACK – RECOVER – STOMP (X2)

- 1 - 2 Rock right foot to right – Recover weight on left leg
- & 3 - 4 Bring right foot next to left – Rock left foot to left – Recover weight on right leg
- & 5 - 6 Bring left foot next to right – Rock right foot back – Recover weight on left leg
- 7 - 8 Stomp right foot down twice

----- TAGS, RESTARTS, AND SALUTE -----

TAG: 4 count Tag at the end of walls 5, 12, and 17

Restarts after count 16 on walls 3, 7, and 10

Military salute at the end of walls 8 and 18

The structure of the song makes it necessary to add three restarts and three tags throughout the dance, however, counting wall numbers is pretty challenging on this choreography, instead it is recommend to watch the tutorial and listen to the song a few times. There are cues within the song that flag the moments when the tags and restarts are to be applied.

TAG ----- RIGHT FOOT STOMP (X3) – REST

- 1 - 4 After count 32, stomp with right foot three times – Rest on count 4

Cue for Tags: At the end of every chorus, right after the lyrics say “just get your feet on the floor, and dance

for your freedom!”

Cue for Restarts:

1. At the beginning of the first chorus, after the lyrics say “land of the free and home of the brave, that’s America”
2. After the first chorus ends there is a musical bridge. Restart is at the end of that bridge right when the lyrics start again
3. At the beginning of the second chorus, after the lyrics say “land of the free and home of the brave... Americaaaa!!!”

Cues for military salute: Touch the right side of the head with the tip of the fingers (military salute)

1. At the end of wall 8 during counts 31 - 32 (stomp, stomp), when the lyrics say “We want to thank all those who serve our country”
2. At the very end of the dance after the last stomp. Keep the salute up for a few seconds

Happy dancing!!

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