

Isla Bonita

拍数: 32 墙数: 4 级数: Improver
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音乐: La Isla Bonita - Madonna



Sailor Step, Saylor Step, Touch, Unwind, ¼ Mambo Right Cross

1 RF cross behind LF
&
2 RF place next LV
3 LF cross behind RV
&
4 LF step next RV
5 RF touch toe behind
6 ½ right, weight on right (6.00 'clock)
7 LF step in front, ¼ right (9.00 'clock)
&
8 RF weight on right
 LF cross over RV

Right Mambo, Left Mambo, Right Mambo Frw, Coaster Step

9 RF step to right
&
10 LF step next RV
11 RF cross over LV
12 LF step to left
&
13 RF step next LV
14 LF cross over RV
15 RF step in front
&
16 LF weight on left
 RF step back
 LF step back
 RF step next LV
 LF step forward

½ Pivot Turn Left, Diagonal Lock Steps, Diagonal Mambo Step

17 RF step forward
18 LF + RF turn ½ left (3.00 'clock)
19 RF right step diagonal forward
&
20 LF cross behind RV
21 RF right step diagonal forward
22 LF left step links diagonal forward
&
23 RF cross behind LV
24 LF left step diagonal forward
 RF left step diagonal forward (2.00 'clock)
&
 LF weight on left
 RF step back

Step Back, Turn Right, step Frw, ¾ Turn Left, Cross Mambo 2x

25 LF step back
&
26 RF step 1/3 turn right (6.00uur)
27 LF step forward
28 RF step, ½ left forward (12.00 'clock)
 LF step to left, ¼ left (9.00 'clock)

29 RF cross over LV
& LF weight on left
30 RF step next LV
31 LF cross over RV
& RF weight on right
32 LF step next RV

Start again

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