

Isla Bonita

拍数: 32 墙数: 4 级数: Improver
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音乐: La Isla Bonita - Madonna



Sailor Step, Saylor Step, Touch, Unwind, ¼ Mambo Right Cross

1 RF cross behind LF
&
2 RF place next LV
3 LF cross behind RV
&
4 RF step to right
5 LF step next RV
6 RF touch toe behind
7 ½ right, weight on right (6.00 'clock)
8 LF step in front, ¼ right (9.00 'clock)
&
9 RF weight on right
10 LF cross over RV

Right Mambo, Left Mambo, Right Mambo Frw, Coaster Step

11 RF step to right
&
12 LF step next RV
13 RF cross over LV
14 LF step to left
&
15 RF step next LV
16 LF cross over RV
17 RF step in front
&
18 LF weight on left
19 RF step back
20 LF step back
&
21 RF step next LV
22 LF step forward

½ Pivot Turn Left, Diagonal Lock Steps, Diagonal Mambo Step

23 RF step forward
24 LF + RF turn ½ left (3.00 'clock)
25 RF right step diagonal forward
&
26 LF cross behind RV
27 RF right step diagonal forward
28 LF left step links diagonal forward
&
29 RF cross behind LV
30 LF left step diagonal forward
31 RF left step diagonal forward (2.00 'clock)
&
32 LF weight on left
33 RF step back

Step Back, Turn Right, step Frw, ¾ Turn Left, Cross Mambo 2x

34 LF step back
&
35 RF step 1/3 turn right (6.00uur)
36 LF step forward
37 RF step, ½ left forward (12.00 'clock)
38 LF step to left, ¼ left (9.00 'clock)

29 RF cross over LV
& LF weight on left
30 RF step next LV
31 LF cross over RV
& RF weight on right
32 LF step next RV

Start again

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