拍数： 104 境数： 0 级数：Phrased－Fun for all Levels
编舞者：Trizia Ruggiero（UK）－December 2016
音乐：Silhouette－Tom Odell


This dance has a long intro，there are 36 secs and then a hard beat kicks in－count intro from this point 32 counts．
SEQUENCE A／B／A／B／TAG／B／TAG

## SECTION A： 80 counts

## A1－SIDE MAMBOS

1\＆2 Rock $R$ to side－weight onto ball of $L$－replace $R$ beside $L$
3\＆4 Rock $L$ to side－weight onto ball of $R$－replace $L$ beside $R$
5\＆6 Rock $R$ to side－weight onto ball of $L$－replace $R$ beside $L$
7\＆8 Rock $L$ to side－weight onto ball of $R$－replace $L$ beside $R$

## A2－JAZZ BOX TOE STRUTS

1－2 Cross $R$ toe over $L$－step heel down
3－4 step $L$ toe back－step heel down
5－6 Step $R$ toe to side－step heel down
7－8 Step $L$ toe beside $R$－step heel down

## A3－MONTEREY HALF TURNS

1－2－3－4 $\quad$ Point $R$ to side－half turn over $R$－point $L$ to side－place $L$ beside $R$
5－6－7－8 $\quad$ Point $R$ to side－half turn over $R$－point $L$ to side－Place $L$ beside $R$
A4－REPEAT A1

## A5－REPEAT A2

## A6－MONTEREY QUARTER TURN／MONTEREY HALF TURN

1－2－3－4 Point $R$ to side－quarter turn over $R$－point $L$ to side－Place $L$ beside $R$［3．00］
$5-6-7-8 \quad$ Point $R$ to side－half turn over $R$－point $L$ to side－place $L$ beside $R$［9．00］

## A7－ROCK HALF TURN SHUFFLE X2

1－2 Rock forward on $R$－replace weight onto $L$ making half turn $R$
3\＆4 step forward $R$－step $L$ behind $R$－step $R$ forward
5－6 Rock forward on $L$－replace weight onto $R$ making half turn $L$
7\＆8 step forward L－step R behind L－step L forward
A8－ROCK COASTER X2
1－2 Rock forward on $R$－replace weight onto $L$
$3 \& 4 \quad$ step $R$ back［3］weight onto ball of $L$［\＆］step $R$ forward［4］
5－6 Rock forward on L－replace weight onto $R$
7\＆8 step back on L［7］weight onto ball of R［\＆］step forward on L
A9－REPEAT A7
A10－HALF TURN KICK BALL CHANGES－JAZZ BOX QUARTER TURN
1\＆2 Kick $R$ forward［1］weight onto ball of $L$［ $\&$ ］replace weight onto $R[2]$ making quarter turn $L$
Kick $R$ forward［3］weight onto ball of $L$［\＆］replace weight onto $R$［4］making quarter turn $L$
5－8
Cross $R$ over $L$－step back on $L$－step $R$ to $R$ side making quarter turn $R$－Step $L$ beside $R$

SECTION B: 24 counts

## B1- VINE- FULL TURN

1-4 $\quad$ Step $R$ to $R$ side- step $L$ behind $R$ - step $R$ to $R$ side- touch $L$ beside $R$
5-8 Make a full turn to the $L$
B2- NIGHT CLUB- RUMBA BOX[ 1ST 4 COUNTS]
1\&2 Step $R$ to $R$ side [1] Rock back on $L[\&]$ replace $L$ beside $R$
3\&4 Step $L$ to $L$ side[ 3] Rock back on $R$ [ $\&$ ] replace $R$ beside $L$
5-6 Step $R$ to $R$ side -step $L$ beside $R$
7-8 step $R$ back - step $L$ beside $R$
B3- RUMBA BOX [2ND 4 COUNTS] SLIDE -TOUCH- HIP BUMPS
1-2 Step $L$ to $L$ side- step $R$ beside $L$
3-4 Step forward on $L$ - step $R$ beside $L$
5-6 $\quad$ Step $R$ to $R$ side- slide $L$ up to $R$ with a touch
7\&8 Bump hips R-L-R
TAG
Hold your position for 32 counts [ MANNEQUINS]
Bump hips R-L
Hold your position for 32 counts [ MANNEQUINS]
END DANCE BY HOLDING POSITION
This dance has been inspired by my fun loving students who enjoy playing pranks on their instructor
Have Fun!
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