

Greatest

COPPER KNOB
STEPSHEETS

拍数: 80 墙数: 2 级数: Intermediate
编舞者: Trizia Ruggiero (UK) - December 2016
音乐: The Greatest - Sia



Sequence: S1-S10-X2/ TAG/ S1-S10/ TAG 1 AND ONE HALF TIMES

INTRO: 8 COUNTS

S-1: HITCH-POINT-SAILOR- SAILOR- HITCH POINT

1-2 Hitch R knee-Point R to R side
3&4 Sweep R back[3] place weight on ball of L[&] replace weight onto R [4]
5&6 Sweep L back [5] place weight on ball of R[&] replace weight onto L [6]
7-8 Hitch R knee- point R to R side

S-2: REPEAT S-1: HITCH-POINT SAILOR

S-3: STEP-LOCKS

1-4 Step forward on R- Lock L behind R- step forward on R- lock L behind R
5-8 Step forward on L – lock R behind L – step forward on L- lock R behind L

S-4: STEP BACK –TOUCH TOGETHER

1-2 Step back on R [angling body R] touch L beside R
3-4 Step back on L [angling body L] touch R beside L
5-6 Step back on R[angling body R] touch L beside R
7-8 Step back on L [angling body L] touch R beside L – [straightening up]

S-5: SWEEPS –BUMPS

1-2 Sweep R back
3-4 sweep L back
5-6 sweep R back
7&8 bump hips [back –forward –back]

S-6: SWEEPS – PADDLE 3 QUARTER TURN

1-2 Sweep L back
3-4 sweep R back
5-6 sweep L back
7&8 Paddle round 3 quarter turn over L shoulder[R-R-R]

S-7: SAMBA STEPS – CROSS & CROSS

1&2 Cross R in front of L [1] place weight on ball of L[&] replace weight onto R[2]
3&4 Cross L in front of R[3] place weight onto ball of R[&] replace weight onto L
& 5&6&7&8 cross R over L- step L to side –cross R over L – step L to side – cross R over L- step L to side
- Cross R over L – step L to side

S-8: SAMBA STEPS- CROSS &CROSS

1&2 Cross L in front of R[1] place weight on ball of R[&] replace weight onto L
3&4 Cross R in front of L [3] place weight onto ball of L[&] replace weight onto L
&5&6&7&8 Cross L over R- step R to side - cross L over R- step R to side - cross L over R- step R to side
side - Cross L over R – step R to side

S-9: SIDE MAMBO'S- HIP ROLL TURN

1&2 Rock R to R side – replace beside L

3&4 Rock L to L side – replace beside R
5-8 Roll hips [making half turn over L shoulder]

S-10: SIDE MAMBO'S –HIP ROLL TURN

1&2 Rock R to R side- replace beside L
3&4 Rock L to L side – replace beside R
5-8 Roll hips[making quarter turn over L shoulder]

TAG - SAMBA'S- UNWIND BOUNCING HALF TURN

1&2 Cross R in front of L [1] place weight onto ball of L[&] replace weight onto R[2]
3&4 Cross L in front of R[3] place weight onto ball of R[&] replace weight onto L
5&6 Cross R in front of L[5] place weight onto ball of L [&] replace weight onto R[6]
7&8 Cross L over R and turning R bounce round half turn

REPEAT LAST 8 COUNTS AGAIN TO COMPLETE TAG

Contact: colinthebusdriver@hotmail.com
