

Read My Mind

拍数: 88 墙数: 2 级数: Phrased Improver
编舞者: Trizia Ruggiero (UK) - December 2016
音乐: Read My Mind - Olly Murs



A=32 counts: B = 24 counts: C = 32 counts
Sequence: A/B/TAG/C/C/A/B/TAG/C/C/A/C/C/A/C/C ENDING C3 X3
INTRO: 16 COUNTS

A1 – HEEL TAPS

1-4 Angle R toe to R tapping heel
5-8 Angle L toe to L tapping heel

A2- ANGLE KNEE/HOLD/ SCUFF STEP

1-2 Angle R knee in front of L –hold
3-4 Angle L knee in front of R–hold
5-6 Scuff R and step down
7-8 Scuff L and step down

A3- REPEAT A 1 /HEEL TAPS

A4-REPEAT A2/ ANGLED KNEE/HOLD /SCUFF STEP

B 1- 3 QUARTER TURN TOE STRUTS

1-2 Step R toe across L–replace weight onto R heel [making quarter turn / 9.00]
3-4 Step onto L toe- replace weight onto L heel [making quarter turn/ 6.00]
5-6 Step R toe across L – replace weight onto R heel [making quarter turn/ 3.00]
7-8 step onto L toe- replace weight onto L [3.00]

B2- ROCKS/HALF TURN SHUFFLES

1-2 Rock forward on R/ replace weight on L
3&4 Half turn over R shoulder stepping R-L-R [9.00]
5-6 Rock forward on L/ replace weight on R
7&8 Half turn over L shoulder stepping L-R-L [3.00]

B3 VINE QUARTER TURN / TOUCH/ VINE /TOUCH

1-4 step R to side- step L behind R–step R quarter turn [6.00] touch L beside R
5-8 Step L to side – step R behind L- step L to side – touch R beside L [6.00]

TAG- STEP/POINT/STEP/ POINT / WALKING FULL TURN

1-2 Step R quarter turn [9.00] point L toe to side
3-4 Step L quarter turn [6.00] point R toe to side
5-8 stepping onto R –L-R-L Walk round a full turn [6.00]

C 1: CROSS/SIDE/ SAILOR

1-2 Cross R over L- Step L to side
3&4 Sweep R behind L[1] place weight onto ball of L [&] replace weight onto R
5-6 Cross L over R – step R to side
7&8 Sweep L behind R [7] place weight onto ball of R [&] replace weight onto L

C2: ROCK /HALF TURN/SHUFFLE

1-2 Rock forward on R – recover weight onto L
3&4 Half turn R stepping R-L-R

5-6 Rock forward on L – recover weight onto R
7&8 Half turn L stepping L-R-L

C3: TOE STRUT JAZZ BOX

1-2 Cross R toe over L- step R heel down
3-4 step back on L toe- step L heel down
5-6 step R toe to side – step R heel down
7-8 step L toe beside R- step L heel down

C4: POINT/TOUCH/POINT / TOUCH / POINT/POINT/ POINT/ TOUCH

1-2 Point R toe to side- touch R beside L
3-4 Point L toe to side- touch L beside R
5-6 Point R to side – point L to side
7-8 Point R to side – touch R beside L

ENDING REPEAT C3 X3

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