The River



拍数: 32 墙数: 4 级数: Beginner

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音乐: The River - L'aupaire



The dance starts with the singing

1-2	Step RF to right side, LF lift up, weight back on LF
3&4	RF cross over LF, step LF to left side, RF cross over LF
5-6	Step LF to left side, RF lift up, weight back on RF

7&8 LF cross behind RF, step RF to right side, LF cross over RF

Rock Step R, Step Back, Touch, Rolling Vine L With Touch, 2x Clap

1-2	RF step forward, LF lift up, weight back on LF
3-4	RF big step backwards, tap LF beside RF

5-6 On the RF ¼ turn left and step LF forward, on the LF ½ turn left and step RF backwards

7&8 On the RF ¼ turn left, step LF to left side and step RF beside LF, with 2x clap

Restart: In the 11th passage – 6 o'clock – break up and start from the beginning

Kick Ball Cross 2x, Side Rock R, Sailor Turn 1/4 R

1&2	RF kick forward, right ball set beside LF, LF cross over RF
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3&4 Such as 1&2

5-6 Step RF to right side, LF lift up, weight back on LF

7&8 RF cross behind LF with doing ½ turn left, LF to left side, RF step forward (3 o'clock)

Rock Step L, Shuffle 1/2 Turn L, Full Turn L, Touch, 2x Clap

1-2 LF step forward, RF lift up, weight back on RF

3&4 ¼ turn left and LF to left side, RF beside LF (weight on RF), ¼ turn left and LF step forward

(9 o'clock)

5-6 ½ turn left and RF step backwards, ½ turn left and LF step forward

7&8 Right toe tap forward, 2x clap (Optional: RF heel turn right/left while clapping)

Start again and happy dancing!

For any errors in the translation there is no guarantee!

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