

Cravin

COPPER KNOB
STEP SHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Donna Manning (USA) - December 2016
音乐: Crave - Pharrell Williams



*1 fix on wall 7 (second time you start @ 6:00) Section 2

#16 count intro after heavy beat – Weight on the R

Sec. 1 (1-8) Rhumba Box

1,2,3,4 Step L to side, bring R to L take weight, step L fwd – use count 4 to bring R through center
5,6,7,8 R to R side, bring L to R take weight, step R back, pause through count 8 leaving L stretched
out in front □ (12:00)

Sec. 2 (9-16) Step Back, ¼ Turn R, Lunge, Recover ¼ L , ½ Turn L, Step back

1, 2-3-4 Step back on L, ¼ turn R using counts 2,3,4 for a slow lunge on the R
5,6 Recover ¼ turn L to L, on ball of L ½ turn L stepping back on R
7,8 Step back on L, pause through count 8 □ (6:00)

Wall 7 (second time you start @ 6:00): on count 7 bring L to R in a touch, pause through count 8 - RESTART

Sec. 3 (17-24) R Side Rock (press), Recover, Cross, Pause – Repeat pattern with L

Depending on where you are in the song you might feel a rock using the hip or a press for some funky feel –
feel free to use either

1,2,3,4 R side rock, recover to L, step across L with R, pause on 4
5,6,7,8 L side rock, recover to R, step across R with L, pause on 8 (6:00)

Sec.4 (25-32) Slide Box – turning ¾ L – This section can have a funky bounce or knees going on. Feel free to add some of your own styling keeping the flow intact.

1,2 Step R to side (6:00), slide L to R while turning ¼ turn L, keeping weight R (3:00)
3,4 Step L to side, slide R to L, keeping weight L (3:00)
5,6 ¼ turn L stepping R to side (12:00), slide L to R keeping weight R (12:00)
7,8 ¼ turn L stepping L to side (9:00), bring R to L TAKING WEIGHT TO R (9:00)

Please do not alter this step sheet in any way. If you would like to use on your website please make sure it is
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dancinfreedonna@gmail.com

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