Make a Move



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Sarah Kemp (USA) - December 2016 音乐: Somebody Else Will - Justin Moore



No Tags or Restarts

[1-8]□(12:00), Rt Rocking Chair x2, Lt Rocking Chair x2

1&2&3&4 (12:00) (WL) Rock Rt to Rt side (1), weight change to Lt foot (&) face 10:00 and cross rock forward Rt over Lt (2), recover weight to Lt (&), rock Rt foot back (3), recover weight on Lt

(&), cross Rt over Lt (4).

5&6&7&8 (WR) Rock Lt to Lt side (5), weight change to Rt foot (&) Face 02:00 and cross rock forward

Lt over Rt (6), recover weight to Rt (&), rock Lt foot back (7), recover weight on Rt (&), cross

Lt over Rt (8).

[9-16] □ □ (12:00) Rt Scissor, Lt Scissor, ¾ turn, Rock, Recover, Touch.

1&2, 3&4 Rock Rt to Rt Side (1), return weight to center- Lt foot (&), cross Rt over Lt (2), rock Lt to Lt Side (3), return weight to center- Rt foot (&), cross Lt over Rt (4)

5, 6, 7&8 Step Rt foot to Rt side (5- toes facing 9:00) and turn on Rt heel over Lt shoulder ¾ stepping down on Lt foot at 3:00 (6), Rock forward on Rt (7), recover to Lt (&), touch Rt next to Lt (8)

[17-24] □ □ (3:00) Rt Box step, Forward Rocking Chair, Scuff, Heel, Hitch, Stomp.

1&2&3&4 (WL) Step Rt to Rt side (1), bring Lt to instep of Rt (WL-&), step back on Rt (WR- 2), touch Lt to instep of Rt (&), step Lt to Lt side (WL-3), step Rt to instep of Lt (WR-&), step Lt forward (WL- 4).

Rock forward on Rt (WR- 5), replace weight to Lt (&), rock back on Rt (6), replace weight to Lt (&), scuff Rt Heel Hitch (7), stomp down on Rt, WR (8).

[25-32] □ (3:00) Lt Box step, Forward Rocking Chair, Scuff, Heel, Hitch, Stomp.

1&2&3&4 Step Lt to Lt side (WL-1) step Rt to instep of Lt (WR-&), step back on Lt (WL-2), touch Rt to instep of Lt (&), step Rt to Rt side (WR- 3), touch Lt to instep of Rt (&), step forward on Lt (4)

Rock forward on Rt (WR- 5), replace weight to Lt (&) rock back on Rt (6), replace weight to Lt (&), scuff Rt Heel Hitch (7), stomp down on Rt, WR (8).

- *** WR weight is on the right foot
- *** WL weight is on the left foot.
- *** WB weight is to center, both feet.

Enjoy,

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