

# Eat Sleep Love You Repeat

COPPERKNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver Cha Cha  
编舞者: Trine Haukø Lund (NOR) - December 2016  
音乐: Eat Sleep Love You Repeat - Rodney Atkins



#16 count intro. Start on vocals

**Step R, cross rock L, recover R, chasse L, rock R behind, recover L, chasse R 1/4 turn R**

1-3            Step RF to R, cross rock LF over RF, recover weight onto RF  
4&5           Step LF to L, step RF beside LF, step LF to L  
6-7           Rock RF behind LF, recover weight onto LF  
8&1           Step RF to R, step LF beside R, step RF to R turning 1/4 R (3.00)

**L forward, pivot 1/2 turn R, lockstep L forward, R forward 1/4 turn L, cross shuffle**

2-3            Step LF forward, pivot 1/2 turn R taking weight on RF (9.00)  
4&5           Step LF forward, step RF behind LF, step LF forward  
6-7           Step RF forward, 1/4 turn L taking weight on LF(6.00)  
8&1           Cross RF over LF, step LF to L, cross RF over LF

**\*Restart here in wall 3**

**Rock L, recover R, coaster step, anchorstep backwards X2 R-L, turn 1/4 R**

2-3            Rock LF to L, recover weight onto RF  
4&5           Step LF behind RF, step RF next to LF, step forward on LF  
6&7           Step back on ball of RF, rock LF forward, step back on RF  
8&1           Step back on ball of LF, rock RF forward, step back on LF and turn 1/4 R (9.00)

**Sailorstep R, crossrock L over R, rock L to L, crossrock L over R, side, together, step**

2&3           Step back on RF, step LF next to RF, step RF to R  
4&            Cross rock LF over RF, recover onto RF  
5&            Rock LF to L, recover onto RF  
6&            Cross rock LF over RF, recover onto RF  
7-8&        Step LF to L, step RF slightly behind LF, step down on LF

**\*Restart in wall 3, after count 8&1 in section 2. Facing 12 o'clock.**

**NOTE: Replace the cross shuffle (count 8&1) with sailor step.**

8&1           Step RF behind LF (8), step LF next to RF(&), step RF to R(1)

**Last step of the sailorstep is count 1 in the next wall.**

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