

Clap Clap Clap

拍数: 64 墙数: 2 级数: Phrased Intermediate
编舞者: Amy Glass (USA) - November 2016
音乐: Clap Your Hands - Leo Soul : (iTunes, amazon)



#16 count intro. Phrasing: AA BB AA BB AA BB

Section A: 32 counts

[1-8] □ Rock, Recover, Coaster, Step Pivot ½, Walk x2

1-2 Rock forward on RF, Recover weight on LF
3&4 Step back on RF, Step LF next to RF, Step RF forward
5-6 Step LF forward, Pivot ½ R (6:00)
7-8 Walk forward L, R

[9-17] □ Dip Touch L, R with Arms, Sway L, R, L, Chasse ¼ R

1-2 Dip to L while stepping LF to L side & lifting L arm flexing bicep, Touch RF in place
3-4 Dip to R while stepping RF to R side & lifting R arm flexing bicep, Touch LF in place
5-6-7 Sway L, R, L (bringing arms down slowly during these 3 counts)
8&1 Step RF to R, Close LF next to R, Step forward on RF turning ¼ R (9:00)

[18-24] □ Scuff, Touch, Hip Bump, Dorothy x2

2-3 Scuff LF, Touch LF forward
&4& Lift L hip up, Return to center, Finish with weight L
5&6 Step forward (diagonal) on RF, Lock LF behind RF, Step forward on RF
7&8 Step forward (diagonal) on LF, Lock RF behind LF, Step forward on LF

[25-32] □ Rock Recover, ½ R, Walk x, Cross ¼ R, Side, Rock Back, Recover

1-2 Rock forward on RF, Recover weight back on LF
3-4 Turn ¼ R stepping RF to R, Turn ¼ R walking forward on LF (3:00)
5-6 Cross RF over LF while turning ¼ R, Step LF to L side (6:00)
7-8 Rock back on RF, Recover forward on LF

Option: Counts 3-6 turn 1 ¾ R [Turn ½ R stepping forward R (3), ½ R stepping back L (4), ½ R stepping forward R (5), ¼ R stepping side L (6)]

Section B: 32 counts

[33-40] □ Walk x3 to 1:30 Diagonal, Clap x3, Turn ½ and walk to 7:30 Diagonal, Clap x3

1-2-3 Walk forward R, L, R (1:30)
&4& Clap hands together above the R shoulder x3 (prep for ½ turn L to 7:30 diagonal)
5-6-7 Turn ½ L walking forward L, R, L (7:30)
&8& Clap hands together next to the L hip x3

[41-48] □ Rock R, Recover, Rock L, Recover, Heel & Heel & Vaudeville

1-2& Rock RF to R, Recover weight on LF, Close RF next to LF (7:30)
3-4& Rock LF to L, Recover weight on RF, Close LF next to RF
5&6& Touch R heel forward, Step RF next to LF, Touch L heel forward, Step LF next to RF
7&8& Cross RF over LF, Step LF back, Touch R heel forward, Close RF next to LF

[49-56] □ Walk x3, Out, Out, In, Cross, Slow Unwind 7/8 to R

1-2-3 Walk forward L, R, L
&4&5 Step RF out, LF out, RF in, Cross LF over RF
6-7-8 Slow unwind ¾ to 6:00 wall-end weighted L [Styling: arms straight by sides, palms down, bounce heels]

[57-64] □ Triple Step R Jazz Box (Small triples)

- 1&2 R cross shuffle (Cross RF over LF, LF to L, Cross RF over LF)
3&4 L triple step back (Step back on LF, Step RF next to LF, Step LF back)
5&6 R chasse (Step RF to R, Close LF next to RF, Step RF to R)
7&8 L triple step forward (Step forward on LF, Step RF next to LF, Step forward on LF)

Have fun!

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Last Update - 8th Dec 2016
