What A Day

拍数: 32

级数: Improver

编舞者: Chris Jackson (UK) - December 2016

音乐: What a Day - Elio Pace : (amazon)

#24-count intro (start on vocal). 2 Tags, No Restarts.

[1-8] SIDE, TOGETHER, SHUFFLE RIGHT, FORWARD ROCK, SHUFFLE HALF TURN

- 1,2,3&4 Step right to right side, left next to right, shuffle forward R/L//R
- 5,6,7&8 Rock forward on left, recover on right, shuffle a half turn left L/R/L (6.0)

[9-16] SIDE, TOGETHER, SHUFFLE RIGHT, FORWARD ROCK, SHUFFLE QUARTER TURN

- 1,2,3&4 Step right to right side, left next to right, shuffle forward R/L//R
- 5,6,7&8 Rock forward on left, recover on right, shuffle a quarter turn left L/R/L (3.0)

[17-24] CROSS, SIDE, BEHIND, QUARTER, SIDE, BEHIND, SIDE, CROSS

- 1,2,3,4 Cross right over left, left to left side, right behind left, make a quarter turn to your left (12.0) stepping forward on left
- 5,6,7,8 Step right to right side, left behind right, right to right side, cross left over right

[25-32] QUARTER, SIDE, CROSS, SIDE, BACK ROCK, KICK-BALL CROSS

- 1,2,3,4 Make a quarter turn to your left (9.0) stepping back on right, left to left side, cross right over left, left to left side
- 5,6,7&8 Rock back on right behind left, recover on left, kick right forward, right next to left, cross left over right (9.0)

TAG 1 (facing 3.0): At end of wall 3

[1-8] ROCK, RECOVER, SHUFFLE HALF TURN, PIVOT HALF TURN, STEP, HOLD

- 1,2,3&4 Rock forward on right, recover on left, shuffle a half turn right R/L/R
- 5,6,7,8 Step forward on left, pivot a half turn right, step forward left, hold

TAG 2 (facing 9.0): At end of wall 9. Change steps 7 & 8 in Section 4 to:

7, 8-10 Touch right next to left, hold for a count of three

ENDING: At the end of wall 12 (facing 12.0) dance up to step 6 in Section 2 and then change steps 7& 8 to:

7 & 8, 9- Shuffle a half turn left L/R/L to face front, step forward right with your arms outstretched and hold as Elio sings 'Woo'





墙数:4