

I Don't Worry

COPPER KNOB
STEPSHEETS

拍数: 56 墙数: 4 级数: Phrased Intermediate
编舞者: Jonas Dahlgren (SWE), Jo Kinser (UK) & Mark Cosenza (USA) - December 2016
音乐: I Don't Worry - Bess Rogers : (Album: Travel Back - EP)



Start on the Vocals, 32 counts in.

Part A: 32 counts part B: 24 counts

Sequence: AB A TAG AA B A TAG AA A (Restart After 8 Counts) AA AA

Section A:

A[1-8] Side Gallops/Polka x3, L Fwd Shuffle

1&2 Step Side R, Close L to R, Step Side R (12:00)
3&4 Turning 1/4 R, Step Side L, Close R to L, Step Side L (3:00)
5&6 Turning 1/4 R, Step Side R, Close L to R, Step Side R (6:00)
7&8 Fwd Shuffle L, R, L

RESTART HERE ON WALL 10

A[9-16] Rock Fwd, R Shuffle Back, Heel Switches L&R, L Touch Back, 1/2 Turn L

1-2 Rock R Fwd, Recover weight L
3&4 Shuffle Back R, L, R
5&6& Touch L Heel Fwd, Step L next to R, Touch R Heel Fwd, Step R next to L
7-8 Touch L Toe Back, Pivot 1/2 Turn L keeping weight on L (12:00)

A[17-24] Rock Side R, Recover, Behind & Cross, L Side Rock, Recover, &, R Side Rock, Recover

1-2 Rock R to R, Recover L
3&4 Cross R behind L, Step Side L, Step R over L
5-6 Rock L to L, Recover Side R
&7-8 Step L next to R, Rock R to R, Recover L

A[25-32] Heelgrind, Turn 1/4 Turn, Coaster Step, Kick Side L&R, & Heel, & Hitch R

1-2 Cross R Heel over L, Make 1/4 Turn R stepping L back (3:00)
3&4 Step R back, Step L next to R, Step R fwd
5&6& Kick L to L Side, Step L next to R, Kick R to R Side, Step R next to L (Get down into the Knees)
7&8 Touch L Heel Fwd, Step L next to R, Small Hitch R next to L

Tag/Restart: After 32 Counts at the end of Walls 3 and 7, Add 4 Counts:

Step 1/2 Turn L, x2

Section B: Happens on Wall 2 (3:00), and Wall 6 (12:00)

B[1-8] Ball Step Fwd, Bounce Heels X2 1/2 L, Side-Slide, Stomp R X2

&1-2 Step ball of R foot in place, Step L fwd, Step R fwd
3-4 Make a 1/2 turn L bouncing on Heels X2 (Weight R) (9:00)
5-8 Step L a large step L, Slide R next to L, Stomp R foot in place X2

B[9-16] Side Touches X2, Bounce Heels X3 1/2 L

1-4 Step R to R, Touch L next to R, Step L to L, Touch R next to L
5-8 Step R fwd, Make a 1/2 turn L bouncing on Heels X3 (Weight R) (3:00)

B[17-24] Side-Slide, Stomp R X2, Side Touches X2

1-4 Step L a large step L, Slide R next to L, Stomp R foot in place
5-8 Step L a large step L, Slide R next to L, Stomp R foot in place

Tag : at the end of Walls 3 and 7 (Part A)

1-4 Step fwd R, Turn $\frac{1}{2}$ L, Step fwd on R Turn $\frac{1}{2}$ L

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