

Marvin Gaye Bachata (馬爾文蓋伊巴恰塔) (zh)

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Improver
编舞者: Amy Yang (TW) - 2016年12月
音乐: Marvin Gaye (feat. Meghan Trainor) - Charlie Puth



Intro : 32 counts(16seconds)

Sec . 1: ROCKING CHAIR, CROSS, POINT, 1/4 TURN L STEP, POINT

1 – 4 Rock RF forward, Recover onto LF, Rock RF back, Recover onto LF

5 – 8 Cross RF over LF, Point LF to L with hip bump, 1/4 turn L step on LF, Point RF to R with hip bump (09:00)

1 – 4 右足前沉步,重心回左足,右足後沉步,重心回左足

5 – 8 右足交叉左足前,左足左側點及推臀,左轉1/4左足踏,右足右側點及推臀(09:00)

Sec . 2: WEAVE, POINT, 1/4 TURN L STEP, POINT, CROSS, MAKING 1/4 TURN R BACK

1 – 4 Cross RF over LF, Step LF to L, Cross RF behind LF, Point LF to L with hip bump

5 – 8 1/4 turn L step on LF, Point RF to R with hip bump, Cross RF over LF, Making 1/4 turn R step LF back (09:00)

1 – 4 右足交叉左足前,左足左踏,右足交叉左足後,左足左側點及推臀

5 – 8 左轉1/4左足踏,右足右側點及推臀,右足交叉左足前,右轉1/4左足後踏 (09:00)

Sec. 3: BACK, RECOVER, FORWARD SHUFFLE, FORWARD, RECOVER, COASTER

1 – 2,3&4 Step RF back, Recover onto LF, Step RF forward, Lock LF behind RF, Step RF forward

5 – 6,7&8 Step LF forward, Recover onto RF, Step LF back, Step RF beside, Step LF forward

1 – 2,3&4 右足後踏,重心回左足,右足前踏,左足鎖於右足後,右足前踏

5 – 6,7&8 左足前踏,重心回右足,左足後踏,右足併於左足旁,左足前踏

Sec . 4: SIDE, BESIDE, SIDE, TOUCH, ROLLING VINE

1 – 4 Step RF to R, Step LF beside RF, Step RF to R, Touch LF beside RF with hip bump

5 – 8 1/4 turn L step on LF, Make 1/2 turn L stepping back on RF, 1/4 turn L step LF to L, Touch RF beside LF with hip bump(09:00)

1 – 4 右足右踏,左足併於右足旁,右足右踏,左足點收於右足旁及推臀

5 – 8 左轉1/4左足踏,左轉1/2右足後踏,左轉1/4左足左踏,右足點收於左足旁及推臀 (09:00)

Sec. 5: SIDE, BESIDE, BACKWARD SHUFFLE, SIDE, BESIDE, FORWARD SHUFFLE

1-2, 3&4 Step RF to R, Step LF beside RF, Shuffle stepping backward on RF、LF、RF

5-6, 7&8 Step LF to L, Step RF beside LF, Step LF forward, Lock RF behind LF, Step LF forward

1-2, 3&4 右足右踏,左足併於右足旁,右足後踏,左足後踏,右足後踏

5-6, 7&8 左足左踏,右足併於左足旁,左足前踏,右足鎖於左足後,左足前踏

Sec . 6: FORWARD, RECOVER, 1/2 TURN R FORWARD SHUFFLE, PIVOT 1/2 TURN R, FORWARD SHUFFLE

1-2, 3&4 Step RF forward, Recover onto LF, 1/4 turn R step on RF , Step LF beside RF, ¼ turn R stepping forward on RF(03:00)

5-6, 7&8 Step LF forward, Pivot 1/2 turn R step on RF, Step LF forward, Lock RF behind LF, Step LF forward (09:00)

1-2, 3&4 右足前踏,重心回左足,右轉1/4右足踏,左足併於右足旁,右轉1/4右足前踏(03:00)

5-6, 7&8 左足前踏,右轉1/2 右足踏,左足前踏,右足鎖步於左足後,左足前踏(09:00)

Sec. 7: FORWARD, RECOVER, COASTER, FORWARD, RECOVER, 1/2 TURN L FORWARD SHUFFLE

1 – 2,3&4 Step RF forward, Recover onto LF, Step RF back, Step LF beside, Step RF forward

- 5 – 6,7&8 Step LF forward, Recover onto RF, 1/2 turn L step on LF , Step RF beside LF, Step forward on LF(03:00)
1 – 2,3&4 右足前踏,重心回左足,右足後踏,左足併於右足旁,右足前踏
5 – 6,7&8 左足前踏,重心回右足,左轉1/2左足踏,右足併於左足旁,左足前踏(03:00)

Sec. 8: SIDE, TOUCH(R&L), SWAY

- 1 – 4 Step RF to R, Touch LF beside RF, Step LF to L, Touch RF beside LF
5 – 8 Step RF to R then Sway hip R、L、R、L
1 – 4 右足右踏,左足點收於右足旁,左足左踏,右足點收於左足旁
5 – 8 右足右踏,然後搖臀右、左、右、左

Start again

Ending : During wall 5, stop after 40 counts, add 4 counts, then stop to end (facing 09:00)

- 1-4 Step RF forward, 1/4 turn R step on LF, Step RF to R, Touch LF beside RF(12:00)

結束 : 第五牆跳完40拍後,加跳4拍,停下結束(面向09:00)

右足前踏,右轉1/4左足踏,右足右踏,左足點收於右足旁(12:00)

Have Fun & Happy Dancing!

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