

Shut up!!

拍数: 48 墙数: 4 级数: Intermediate / Advanced
编舞者: Maria Stella Cupellini (IT) - December 2016
音乐: Shut Up and Dance With Me - Derek Ryan



Start dancing on lyrics

S1: KICK FORWARD X2, SAILOR STEP ¼ TURN RIGHT, STEP, TAP, SHUFFLE BACK

1-2 Kick right forward, kick right forward
3&4 step right behind left, step left ¼ turn right, step right forward
5-6 step left forward, tap right toe behind left
7&8 step right back, step left beside right, step right back

S2: FULL TURN LEFT, SHUFFLE TURN ¾ LEFT, ROCK FORWARD, VAUDEVILLE ¼ TURN RIGHT

1-2 step left back turning ½ left, step right back turning ½ left
3&4 step left, right, left turning ¾ left (h6)
5-6 rock right forward, recover left
7&8& step right over left, step left turning ¼ right, touch right heel forward, step right on place (h 9)

S3: ROCK FORWARD, COASTER STEP, SWEEP ½ TURN LEFT, COASTER STEP

1-2 rock left forward, recover right
3&4 step left back, step right beside left, step left forward
5-6 turn 1/2 left sweeping right out and behind left, touch right beside left
7&8 step right back, step left beside left, step right forward

S4: CHASSE ¼ TURN RIGHT, SHUFFLE ¾ TURN RIGHT, STEP PIVOT ½ TURN RIGHT, LARGE STEP TURN ¼ RIGHT

1&2 step left ¼ turn right, step right beside left, step left to left side
3&4 step right turning ¾ right, step left beside right, step right forward
5-6 step left forward, step right turning ½ right
7-8 large step left turning ¼ right, slide right foot beside left

S5: SHUFFLE ¼ TURN RIGHT, STEP PIVOT ¼ TURN RIGHT, VAUDEVILLE LEFT, VAUDEVILLE RIGHT

1&2 step right forward ¼ turn right, step left beside right, step right forward
3-4 step left forward, step right ¼ turn right
5&6& cross left over right, step right to right, touch left heel diagonal left forward, step left on place
7&8& cross right over left, step left to left, touch right heel diagonal right forward, step right on place

S6: ROCK FORWARD, SAILOR ¼ TURN LEFT, SCUFF HITCH TURNING ½ LEFT, COASTER STEP

1-2 step left forward, recover right
3&8 step left behind right, step right ¼ turn left, step left forward
5&6 scuff right foot with hitch right knee turning ½ left, step right back
7&8 step left back, step right beside right, step left forward

REPEAT

RESTARTS : -

on 3rd wall at 40° count (h12) restart from the beginning
on 7th wall at 32° count restart from the beginning

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