

Dear Life

拍数: 64 墙数: 2 级数: Phrased Intermediate
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音乐: Dear Life - High Valley



Intro: Start on word « Life »

Sequence : AA BB CC Tag 1 A BB CC Tag 2 AA BB CC Tag 2

Part -A- 32 counts

Section A1 : Side, Together, Kick ball change, Jazz box ½ turn

1 RF to right
2 LF together
3&4 RF kick ball change
5-8 RF Jazz box 1/2 turn right

Section A2: Shuffle Fwd, rock Fwd, sailor ¼ turn, ¼ turn, ½ turn

1&2 RF Shuffle forward
3-4 LF Rock forward
5&6 LF Sailor ¼ turn left
7 RF 1/4 turn, step back
8 LF 1/2 turn, step forward

Section A3 : Shuffle fwd, Rock fwd, Behind side cross, ¼ turn, ¼ turn

1&2 RF Shuffle Forward
3-4 LF Rock forward
5&6 LF Behind side cross
7 RF ¼ turn, step back
8 LF ¼ turn, step forward

Section A4 : Shuffle Fwd, Rock Fwd, Coaster step, Step pivot ½ turn

1&2 RF Shuffle forward
3-4 LF Rock forward
5&6 LF coaster step
7-8 RF Step 1/2 turn to left

Part -B- 16 counts

Section B1 : Heel switch (with ¼ turn left), Point back, together, Heel switch, ¼ turn left, Point back, together, Heel touch Fwd, Stomp

1 RF Heel forward
& RF Next to LF with 1/4 turn left
2 LF Heel forward
& LF Next to RF
3 RF Point back
& RF Next to LF
4 LF Heel forward
& LF Next to RF
5 RF Heel forward
& RF Next to LF with 1/4 turn left
6 LF Point back
& LF Next to RF
7 RF Heel forward
8 RF Stomp next to LF

Section B2 : Rolling Vine, Touch, Vine, Stomp

- 1-3 RF □ Rolling vine to right
4 LF □ touch next to RF
5-7 LF □ Vine left
8 RF □ Stomp next to LF

Part -C- 16 counts**Section C1 : Step ½ turn left, shuffle ½ turn left, ¼ turn left, side, Touch, Kick ball Cross**

- 1-2 RF □ Step ½ turn to left
3&4 RF □ Shuffle ½ turn to left
5 LF □ ¼ left, step to left
6 RF □ Touch next to LF
7&8 RF □ Kick ball cross

Section C2 : Side, Touch, kick ball cross, ¼ turn right, ½ turn right, shuffle fwd

- 1 RF □ step to right
2 LF □ Touch next to RF
3&4 LF □ Kick ball cross
5 LF □ 1/4 turn right, step back
6 RF □ 1/2 turn right, step forward
7&8 LF □ shuffle forward

TAG 1 : Jazz box cross, Step diagonally Fwd, Touch, ¼ turn left, Side, Touch, Step diagonally Fwd, Touch, ¼ turn left, Side, Touch

- 1-4 RF □ Jazz box cross
5 RF □ Step diagonally forward right
6 LF □ Touch next to RF
7 LF □ ¼ left, step to left
8 RF □ Touch next to LF
9 RF □ Step diagonally forward right
10 LF □ Touch next to RF
11 LF □ ¼ left, step to left
12 RF □ Touch next to LF

TAG 2 : Jazz box cross

- 1-4 RF □ Jazz box cross

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