12 Easy Steps To Love

级数: Beginner

编舞者: Betty Moses (USA) & Eugene Walls (USA) - November 2016

音乐: 12 Step Program (of Love) by DD Alan

Intro – 16 Counts - Start on vocals

拍数: 24

[1-8] Step/Touch, Step/Kick, Coaster Step/Scuff, Step/Touch, Step/Kick, Coaster Step, Scuff

- 1&2 Step R forward, Touch L beside R, Step L down, Kick R forward
- 3&4& Right Coaster Step, Scuff L forward
- 5&8& Step L forward, Touch R beside L, Step R down, Kick L forward
- 7&8& Left coaster Step, Scuff R forward

[9-16] Lock Step forward, Scuff, Pivot ½ Turn, Toe Strut, Side Rock/Recover/Cross, Reverse ¾ Turning Triple

- 1&2& Step R forward, Lock L behind R, Step R forward, Scuff L forward
- 3&4& Step L forward, Pivot ¹/₂ right, Touch L toe forward, Step down on L [6:00]
- 5&6 Rock R to Side, Recover weight on L, Cross R over L
- 7&8 Step back on L turning ¼ right, Step forward on R turning ½ right, Step forward on L slightly crossing L over R [3:00]

(Easier option for counts 7&8: Step L to side, Step R behind L, Step L forward turning ¼ L)

[17-24] Weave Right, Side Rock/Recover/Cross, Weave Left, Side Rock/Recover 1/4 Turn, Step Forward, Scuff

- 1&2& Step R to side, Cross L behind R, Step R to side, Cross L over R
- 3&4 Rock R to side, Recover weight on L, Cross R over L
- 5&6& Step L to side, Cross R behind L, Step L to side, Cross R over L
- 7&8&Rock L to side, Recover weight on R turning ¼ right, Step forward on L, Scuff L forward
[6:00]

RESTART: WALL 5 FACING 12:00

Dance Section one of the dance then Restart the dance from the beginning.

Have fun!

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墙数: 2