

# Blow Your Mind

COPPER KNOB  
BY STEPHEN

拍数: 56      墙数: 4      级数: Intermediate  
编舞者: Dwight Meessen (NL) - November 2016  
音乐: Blow Your Mind (Mwah) - Dua Lipa : (Album: Blow Your Mind - Mwah)



Intro: 8 counts

## S1: Side, Behind Side Cross, Side, ¼ L Side x2, Sailor ¼ L

1-2&3      RF step side, LF cross behind, RF step side, LF cross over  
4-6      RF step side, LF ¼ left step side, RF ¼ left step side  
7&8      LF ¼ left cross behind, RF step beside, LF step side [9]

## S2: Cross-Point x2, Sync. Jazz Box Cross ¼ R, ⅛ R Hitch

1-4      RF step across, LF point side, LF step across, RF point side  
5-6&7      RF cross over, LF ¼ right step back, RF step beside on ball foot, LF cross over  
8      RF ⅛ right hitch [7.30]

## S3: ⅛ R Fwd, Fwd, Shuffle Fwd, Rock Fwd Recover, Ball Pivot ½ L

1-2      RF ⅛ right step forward, LF step forward  
3&4      RF step forward, LF step beside, RF step forward  
5-6      LF rock forward, RF recover  
&7-8      LF step beside on ball foot, RF step forward, R+L ½ turn left [3]

## S4: Full Turn L, Shuffle Fwd, Rock Fwd Recover, Coaster Cross

1-2      RF ½ left step back, LF ½ left step forward  
3&4      RF step forward, LF step beside, RF step forward  
5-6      LF rock forward, RF recover  
7&8      LF step back, RF together, LF cross over [3]

## S5: Side, Touch, Kick Ball Cross, Side, ¼ R Side Rock Recover, Hitch Across

1-2      RF step side, LF touch beside  
3&4      LF kick forward, LF step beside on ball foot, RF cross over  
5      LF step side  
6-7      RF ¼ right rock side, LF recover  
8      RF hitch across [6]

## S6: Rolling Vine, Touch, Rolling Vine Into ¼ L Shuffle Fwd

1-4      RF ¼ right step forward, LF ½ right step back, RF ¼ right step side, LF point side  
5-6      LF ¼ left step forward, RF ½ left step back  
7&8      LF ½ left step forward, RF step beside, LF step forward [3]

## S7: Rock Fwd Recover, Coaster, Pivot ½ R, Fwd, Hitch

1-2      RF rock forward, LF recover  
3&4      RF step back, LF together, RF step forward  
5-6      LF step forward, L+R ½ turn right  
7-8      LF step forward, RF hitch [9]

Start again

iTunes: Album: Now That's What I Call Music 95. No 36

Restart: Dance the 5th wall up to and including count 40 (count 8 of the 5th section) and start again

