

# He's Italiano

COPPER KNOB  
BY SHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Lene Mainz Pedersen (DK) - November 2016  
音乐: Mamma mia (He's italiano) (feat. Glance) - Elena : (iTunes)



**Start: Dance begins on vocals after 16 Counts..**

**[Sec. 1] Side Rock, Behind side Cross, 4 swivels L-R-L, 1/4 turn R**

1-2            Rock R to R side, Recover on L  
3&4           Cross R behind L, Step L to L side, Cross R in front of L  
5-6           Swivel both heels right as you step L to left side, swivel both heels left as you step R to right side  
7-8           Swivel both heels right as you step L to left side, swivel both heels left as you make a 1/4 turn right stepping R fw (3:00) ( You're up when you go in L diagonal, and down when you go R – see it as a Skate on you're toes )

**[Sec. 2] Dorothy L + R, Cross Back, Side Rock L,**

1-2&           Step L fw in L diagonal, Lock R slightly behind L, Step L fw in L diagonal (1:30)  
3-4&           Step R fw in R diagonal, Lock L slightly behind R, Step R fw in R diagonal (4:30)  
5-6           Cross L in front of R (3:00), Step R back \*\*\* Tag & Restart  
7-8           Rock L to L side, Recover on R

**[Sec. 3] L sailor, hold, R ball, L side, R points fw - side, R sailor into R side shuffle**

1&2           Cross L behind R, Step R beside L, Step L to left side  
3&4           hold (shimmy shoulders), step R beside L, step L to L side  
5-6           Point R toe across L, point R to R side  
7&8&1        Cross R behind L, step L beside R, step R to R side, step L beside R

**[Sec. 4] R side (end of R shuffle), L points fw - side, L sailor 1/4 turn L, Turn 1/4 L - Stomp R x 3**

2-3           Step R to R side, point L toe across R, point L to L side  
4&5           Turn 1/4 L Step/Sweep L behind R (12:00), step R beside L, Step L fw  
6-8           Make 1/4 turn L Stomp R to R side (weight on L) (9:00), make 1/4 turn L Stomp R to R side (weight on L) (6:00) Make 1/4 turn L Stomp R to R side (weight on L) (3:00)

**Begin again – Happy Go Lucky ☐**

**Tag & Restart: Wall 10 after 14 Counts (6:00)**

7-8           Step L to L side, Touch R beside L

**Ending: Ends (6:00) Cross R in front of L, unwind 1/2 L stepping down on R and Pooooooooose ☐**

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