

Sierra

拍数: 28 墙数: 4 级数: Improver
编舞者: Chatti the Valley (ES) - November 2016
音乐: Sierra - Maddie & Tae



Intro: 16 counts

[1-8]: Right Side ROCK STEP, CROSS SHUFFLE, Left ROCK & ¼ TURN - RECOVER, Left SHUFFLE.

- 1 Step right to right side
- 2 Recover weight on left foot
- 3 Cross right over left
- & Step left to left side
- 4 Cross right over left
- 5 Step left to left side
- 6 ¼ turn right, weight on right foot (3:00)
- 7 Step forward on left
- & Step forward on right, near left
- 8 Step forward on left

[9-16]: Right ROCK STEP, COASTER STEP, Left CROSS, SIDE, Left SAILOR STEP ¼ TURN.

- 1 Step right forward
- 2 Recover weight on left foot
- 3 Step right back
- & Step left back, beside right foot
- 4 Step right back
- 5 Cross left over right
- 6 Step right to right side
- 7 ¼ turn left, step left behind right foot (12:00)
- & Step right to right side
- 8 Step left to left side

[17-24]: WEAVE to Right, Right ROCK CROSS, ¼ TURN & Right SHUFFLE.

- 1 Cross right over left
- 2 Step left to left side
- 3 Step right behind left foot
- 4 Step left to left side
- 5 Cross right over left foot
- 6 Recover weight on left foot
- 7 ¼ turn right, step right forward (3:00)
- & Step left forward, near right foot
- 8 Step right forward

[25-28]: Left ROCK STEP, COASTER STEP.

- 1 Step left forward
- 2 Recover weight on right foot
- 3 Step left back
- & Step right back, beside left foot
- 4 Step left forward

START AGAIN

RESTARTS: During walls 3, 6, 8 & 9, dance until count 16 and start from the beginning.

**TAGS: At the end of walls 4, 7 & 10 added this 2 extra counts,
[1-2]: Right HEEL TOUCH, Right Back TOE TOUCH.**

1 Touch right heel forward

2 Touch right toe back

SEQUENCE: 28, 28, 16, 30 (28+2), 28, 16, 30 (28+2), 16, 16, 30 (28+2), 28, end..

Contact: nupican@hotmail.com
