

Loving Arms

拍数: 64 墙数: 2 级数: High Beginner
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音乐: Qian Yin (牵引) - Maggie Teng (邓妙华)



Intro : Start after 24 counts or start at 0.23 seconds

Section 1 □: R Night Club Two Step, Weave To L, L Night Club Two Step, Weave To R

- 1 2& 3&4& Step R to R(1), step L behind R(2), recover on R(&), step L to L(3), step R behind L(&), step L to L(4), cross R over L(&)
- 5 6& 7&8& Step L to L(5), step R behind L(6), recover on L(&), step R to R(7), step L behind R(&), step R to R(8), cross L over R(&)

Section 2 □: R Dorothy, L Dorothy , Mambo ½ Turn R, Full Turn R

- 12& 3 4& Step R to diagonally R(1), step L on ball behind R(2), step R to diagonally R(&), step L to diagonally L(3), step R on ball behind L(4), step L to diagonally L(&)
- 5&6 7&8 Step R forward(5), recover on L(&), ½ turn R step R forward(6)(6.00), ½ turn R step L back(7)(12.00), ½ turn R step R forward(&)(6.00), step L forward(8)

(Easy Option for counts 7&8 : L Forward Shuffle)

Section 3 : R Forward Mambo & Sweep, R Back & Sweep L, L Back & Sweep R, L Coaster Step, R Forward Shuffle

- 1&2 3 4 Step R forward(1), recover on L(&), step R back & sweep L(2), step L back & sweep R(3), step R back & sweep L(4)
- 5&6 7&8 Step L back(5), step R beside L(&), step L forward(6), step R forward(7), step L on ball behind R(&), step R forward(8)

Section 4 : L Twinkle, R Twinkle, Forward, Forward, Forward, R Forward Mambo

- 1&2&3&4 Cross L over R(1), step R on ball beside L(&), step L on ball(2), cross R over L(&), step L on ball beside R(3), step R on ball(&), step L forward & sweep R from back to front(4),
- 5 6 7&8 Step R forward & sweep L from back to front(6), step L forward(6), step R forward(7), recover on L(&), step R back(8)

Section 5 □: L Back, Recover R, L Side, R Together, L Side, R Back, Recover L, Full Turn R, Sway LR

- 1&2&3 Step L back(1), recover on R(&), step L to L(2), step R beside L(&), step L to L(3)
- 4&5&6 Step R back(4), recover on L(&), ¼ turn R step forward(5)(9.00), ½ turn R step L back(&)(3.00), ¼ turn R step R to R(6)(6.00)
- 7 8 Sway to L(7), sway to R(8)

(Easy Option for counts 5&6 : R Side Shuffle)

Section 6 : ¼ Turn L forward Shuffle With ½ Turn L Sweep, R Forward Shuffle, L Forward Shuffle With ¼ Turn L Sweep, R Cross Shuffle

- 1&2 3&4 ¼ turn L step L forward(1), step R on ball behind L(&), step L forward & ½ turn L sweep R(weight on L)(2)(9.00), Step R forward(3), step L on ball behind R(&), step R forward(4)(9.00)
- 5&6 7&8 Step L forward(5), step R on ball behind L(&), step L forward & ¼ turn L sweep R(weight on L)(6)(6.00), cross R over L(7), step L to L(&), cross R over L(8)

Section 7 : L Scissor Step, R Scissor Step, Touch L, L Forward, Touch R, Mambo ½ Turn R, Pivot ½ Turn R

- 1&2&3& Step L to L(1), step R beside L(&), cross L over R(2), step R to R(&), step L beside R(3), cross R over L(&),
- 4&5 Touch L to L(4), cross L over R(&), touch R to R(5)
- 6&7 8&1 Step R forward(6), recover on L(&), ½ turn R step R forward(7)(12.00), step L forward(8), pivot ½ turn R step R forward(&)(6.00), step L forward(1)

Section 8 : Progressive Box, R Mambo Step, Pop R Knee

2&3 4&5 Step R to R(2), step L beside R(&), step R forward(3), step L to L(4), step R beside L(&), step L forward(5)

6&7 8 Step R forward(6), recover on L(&), step R back & drag L to R(7), pop R knee & transfer weight to L(8)

Ending□: During wall 3 (12.00), dance 14 counts, step L forward, pivot ½ turn R step on R, step L forward

No Tag No Restart !!!

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