

Stuck On You

COPPER KNOB
BY STEPHEN HETS

拍数: 196 墙数: 4 级数: Phrased Easy Advanced
编舞者: Satomiko Yamamoto (INA) - November 2016
音乐: Stuck On You - 3T



Pattern: A1-A2-B – A1-A2-B – C-TAG – A1-A3-B – B – Ending

Start dancing when the beat is full, about 15 seconds since the music has begun. □

SESSION A1: 32 Counts

I. □ FORWARD ROCK – SAILOR STEP WITH SWEEP – FORWARD ROCK – SAILOR CROSS WITH SWEEP

- 1-2 turn 1/8 to left then R step forward (10.30), recover to L
3&4 turn 1/8 to right then R step behind L with sweep action (12.00), L step slightly to left side,
 turn 1/8 to right then R step slightly forward (01.30)
5-6 L step forward, recover to R
7&8 turn 1/8 to left then L step behind R with sweep action (12.00), R step slightly to right side, L
 cross forward

II. □ VINE – TOUCH – VINE – TOUCH

- 1-2 R step to right side, L cross behind R
3-4 R step to right side, L touch next to R
5-6 L step to left side, R cross behind L
7-8 L step to left side, R touch next to L

III. □ FORWARD WALK – FORWARD LOCK CHASSE – PIVOT ½ - TURN ½ - BACKWARD LOCK CHASSE

- 1-2 R step forward, L step forward
3&4 R step forward, L lock behind R, R step forward
5-6 R step forward, turn ½ to left then L step forward
7&8 turn ½ to left then R step backward, L lock in front of R, R step backward

IV. □ SIDE ROCK – CROSSING SHUFFLE – SIDE ROCK – CROSSING SHUFFLE

- 1-2 R step to right side, recover to L
3&4 R cross in front of L, L step slightly to left side, R cross in front of L
5-6 L step to left side, recover to R
7&8 L cross in front of R, R step to right side, L cross in front of R

SESSION A2: 32 Counts

I. □ FORWARD ROCK – SAILOR STEP WITH SWEEP – FORWARD ROCK – SAILOR CROSS WITH SWEEP

- 1-2 turn 1/8 to left then R step forward (10.30), recover to L
3&4 turn 1/8 to right then R step behind L with sweep action (12.00), L step slightly to left side,
 turn 1/8 to right then R step slightly forward (01.30)
5-6 L step forward, recover to R
7&8 turn 1/8 to left then L step behind R with sweep action (12.00), R step slightly to right side, L
 cross forward

II. □ VINE – TOUCH – VINE – TOUCH

- 1-2 R step to right side, L cross behind R
3-4 R step to right side, L touch next to R
5-6 L step to left side, R cross behind L
7-8 L step to left side, R touch next to L

III. □ OUT-OUT – IN-IN – OUT-OUT – IN-IN

- 1-2 R step outward, L step outward
- 3-4 R step inward, L step next to R
- 5-6 R step outward, L step outward
- 7-8 R step inward, L step next to R

IV. □ JAZZ BOX – DELAYED PIVOT ¼

- 1-2 R cross over L, L step backward
- 3-4 R step to right side, L step forward
- 5-6 R step forward, hold
- 7-8 turn ¼ to left then L step slightly to left side

SESSION A3: 32 Counts

I. □ FORWARD ROCK – SAILOR STEP WITH SWEEP – FORWARD ROCK – SAILOR CROSS WITH SWEEP

- 1-2 turn 1/8 to left then R step forward (10.30), recover to L
- 3&4 turn 1/8 to right then R step behind L with sweep action (12.00), L step slightly to left side, turn 1/8 to right then R step slightly forward (01.30)
- 5-6 L step forward, recover to R
- 7&8 turn 1/8 to left then L step behind R with sweep action (12.00), R step slightly to right side, L cross forward

II. □ VINE – TOUCH – VINE – TOUCH

- 1-2 R step to right side, L cross behind R
- 3-4 R step to right side, L touch next to R
- 5-6 L step to left side, R cross behind L
- 7-8 L step to left side, R touch next to L

III. □ OUT-OUT – IN-IN – OUT-OUT – IN-IN

- 1-2 R step outward, L step outward
- 3-4 R step inward, L step next to R
- 5-6 R step outward, L step outward
- 7-8 R step inward, L step next to R

IV. □ JAZZ BOX – MODIFIED JAZZ BOX TO QUARTER

- 1-2 R cross over L, L step backward
- 3-4 R step to right side, L step forward
- 5-6 R cross over L, L step backward
- 7-8 turn ¼ to left then R step to right side, L step forward

SESSION B: 32 Counts

I. □ FORWARD ROCK – COMPACT CHASSE – BACKWARD ROCK – COMPACT CHASSE

- 1-2 R step forward, recover to L
- 3&4 R step next to L, L step next to R, R step next to L
- 5-6 L step backward, recover to R
- 7&8 L step next to R, R step next to L, L step next to R

II. □ SIDE STEP – SIDE SHUFFLE – SIDE STEP – SIDE SHUFFLE

- 1-2 R step to right side, L step next to R
- 3&4 R step to right side, L step next to R, R step to right side
- 5-6 recover to L, R step next to L
- 7&8 L step to left side, R step next to L, L step to left side

III. □ FORWARD ROCK – COMPACT CHASSE – BACKWARD ROCK – COMPACT CHASSE

- 1-2 R step forward, recover to L
- 3&4 R step next to L, L step next to R, R step next to L

- 5-6 L step backward, recover to R
- 7&8 L step next to R, R step next to L, L step next to R

IV. □SIDE STEP – SIDE SHUFFLE – SIDE STEP – SIDE SHUFFLE

- 1-2 R step to right side, L step next to R
- 3&4 R step to right side, L step next to R, R step to right side
- 5-6 recover to L, R step next to L
- 7&8 L step to left side, R step next to L, L step to left side

SESSION C: 64 Counts

I. □SIDE STEP – BACKWARD CROSS ROCK – SIDE STEP – BACKWARD CROSS ROCK – SIDE STEP – CLOSE

- 1-2 R step to right side, L step behind R
- 3-4 recover to R, L step to left side
- 5-6 R step behind L, recover to L
- 7-8 R step to right side, L step next to R

II. □DELAYED PIVOT ¼ - SWAY

- 1-2 R step forward, hold
- 3-4 turn ¼ to left then L step slightly to left side, hold
- 5-6 recover to R, recover to L
- 7-8 recover to R, recover to L

III. □SIDE STEP – BACKWARD CROSS ROCK – SIDE STEP – BACKWARD CROSS ROCK – SIDE STEP – CLOSE

- 1-2 R step to right side, L step behind R
- 3-4 recover to R, L step to left side
- 5-6 R step behind L, recover to L
- 7-8 R step to right side, L step next to R

IV. □DELAYED PIVOT ¼ - SWAY

- 1-2 R step forward, hold
- 3-4 turn ¼ to left then L step slightly to left side, hold
- 5-6 recover to R, recover to L
- 7-8 recover to R, recover to L

V. □SIDE STEP – BACKWARD CROSS ROCK – SIDE STEP – BACKWARD CROSS ROCK – SIDE STEP – CLOSE

- 1-2 R step to right side, L step behind R
- 3-4 recover to R, L step to left side
- 5-6 R step behind L, recover to L
- 7-8 R step to right side, L step next to R

VI. □DELAYED PIVOT ¼ - SWAY

- 1-2 R step forward, hold
- 3-4 turn ¼ to left then L step slightly to left side, hold
- 5-6 recover to R, recover to L
- 7-8 recover to R, recover to L

VII. □SIDE STEP – BACKWARD CROSS ROCK – SIDE STEP – BACKWARD CROSS ROCK – SIDE STEP – CLOSE

- 1-2 R step to right side, L step behind R
- 3-4 recover to R, L step to left side
- 5-6 R step behind L, recover to L
- 7-8 R step to right side, L step next to R

VIII. □ DELAYED PIVOT ¼ - SWAY

- 1-2 R step forward, hold
- 3-4 turn ¼ to left then L step slightly to left side, hold
- 5-6 recover to R, recover to L
- 7-8 recover to R, recover to L

TAG:

- 1-2 R step to right side, L step behind R
- 3-4 recover to R, L step to left side

ENDING: For a nice Ending, make a full turn Spiral to left to finish the dance.

For more information, please contact me on: Contact: febe.yamamoto738@gmail.com
