Stuck On You

拍数: 196

级数: Phrased Easy Advanced

编舞者: Satomiko Yamamoto (INA) - November 2016

音乐: Stuck On You - 3T

Pattern: A1-A2-B – A1-A2-B – C-TAG – A1-A3-B – B – Ending

Start dancing when the beat is full, about 15 seconds since the music has begun. \Box

SESSION A1: 32 Counts

I. TFORWARD ROCK – SAILOR STEP WITH SWEEP – FORWARD ROCK – SAILOR CROSS WITH SWEEP

- 1-2 turn 1/8 to left then R step forward (10.30), recover to L
- 3&4 turn 1/8 to right then R step behind L with sweep action (12.00), L step slightly to left side, turn 1/8 to right then R step slightly forward (01.30)
- 5-6 L step forward, recover to R
- 7&8 turn 1/8 to left then L step behind R with sweep action (12.00), R step slightly to right side, L cross forward

$II. \Box VINE - TOUCH - VINE - TOUCH$

- 1-2 R step to right side, L cross behind R
- 3-4 R step to right side, L touch next to R
- 5-6 L step to left side, R cross behind L
- 7-8 L step to left side, R touch next to L

III. TFORWARD WALK - FORWARD LOCK CHASSE - PIVOT ½ - TURN ½ - BACKWARD LOCK CHASSE

- 1-2 R step forward, L step forward
- 3&4 R step forward, L lock behind R, R step forward
- 5-6 R step forward, turn ½ to left then L step forward
- 7&8 turn ¹/₂ to left then R step backward, L lock in front of R, R step backward

IV.□SIDE ROCK – CROSSING SHUFFLE – SIDE ROCK – CROSSING SHUFFLE

- 1-2 R step to right side, recover to L
- 3&4 R cross in front of L, L step slightly to left side, R cross in front of L
- 5-6 L step to left side, recover to R
- 7&8 L cross in front of R, R step to right side, L cross in front of R

SESSION A2: 32 Counts

I.□FORWARD ROCK – SAILOR STEP WITH SWEEP – FORWARD ROCK – SAILOR CROSS WITH SWEEP

- 1-2 turn 1/8 to left then R step forward (10.30), recover to L
- 3&4turn 1/8 to right then R step behind L with sweep action (12.00), L step slightly to left side,
turn 1/8 to right then R step slightly forward (01.30)
- 5-6 L step forward, recover to R
- 7&8 turn 1/8 to left then L step behind R with sweep action (12.00), R step slightly to right side, L cross forward

$II. \Box VINE - TOUCH - VINE - TOUCH$

- 1-2 R step to right side, L cross behind R
- 3-4 R step to right side, L touch next to R
- 5-6 L step to left side, R cross behind L
- 7-8 L step to left side, R touch next to L

$\mathsf{III}.\Box\mathsf{OUT}\text{-}\mathsf{OUT}\text{-}\mathsf{IN}\text{-}\mathsf{N}\text{-}\mathsf{OUT}\text{-}\mathsf{UT}\text{-}\mathsf{IN}\text{-}\mathsf{IN}$





墙数:4

- 1-2 R step outward, L step outward
- 3-4 R step inward, L step next to R
- 5-6 R step outward, L step outward
- 7-8 R step inward, L step next to R

IV.]JAZZ BOX – DELAYED PIVOT 1/4

- 1-2 R cross over L, L step backward
- 3-4 R step to right side, L step forward
- 5-6 R step forward, hold
- 7-8 turn ¼ to left then L step slightly to left side

SESSION A3: 32 Counts

I. \Box FORWARD ROCK – SAILOR STEP WITH SWEEP – FORWARD ROCK – SAILOR CROSS WITH SWEEP

- 1-2 turn 1/8 to left then R step forward (10.30), recover to L
- 3&4turn 1/8 to right then R step behind L with sweep action (12.00), L step slightly to left side,
turn 1/8 to right then R step slightly forward (01.30)
- 5-6 L step forward, recover to R
- 7&8turn 1/8 to left then L step behind R with sweep action (12.00), R step slightly to right side, L
cross forward

$\mathsf{II}.\Box\mathsf{VINE}-\mathsf{TOUCH}-\mathsf{VINE}-\mathsf{TOUCH}$

- 1-2 R step to right side, L cross behind R
- 3-4 R step to right side, L touch next to R
- 5-6 L step to left side, R cross behind L
- 7-8 L step to left side, R touch next to L

III.□OUT-OUT – IN-IN – OUT-OUT – IN-IN

- 1-2 R step outward, L step outward
- 3-4 R step inward, L step next to R
- 5-6 R step outward, L step outward
- 7-8 R step inward, L step next to R

IV.□JAZZ BOX – MODIFIED JAZZ BOX TO QUARTER

- 1-2 R cross over L, L step backward
- 3-4 R step to right side, L step forward
- 5-6 R cross over L, L step backward
- 7-8 turn ¼ to left then R step to right side, L step forward

SESSION B: 32 Counts

$\mathsf{I}.\Box\mathsf{FORWARD}\ \mathsf{ROCK}-\mathsf{COMPACT}\ \mathsf{CHASSE}-\mathsf{BACKWARD}\ \mathsf{ROCK}-\mathsf{COMPACT}\ \mathsf{CHASSE}$

- 1-2 R step forward, recover to L
- 3&4 R step next to L, L step next to R, R step next to L
- 5-6 L step backward, recover to R
- 7&8 L step next to R, R step next to L, L step next to R

II. \Box SIDE STEP – SIDE SHUFFLE – SIDE STEP – SIDE SHUFFLE

- 1-2 R step to right side, L step next to R
- 3&4 R step to right side, L step next to R, R step to right side
- 5-6 recover to L, R step next to L
- 7&8 L step to left side, R step next to L, L step to left side

$\mathsf{III}. \Box \mathsf{FORWARD} \ \mathsf{ROCK} - \mathsf{COMPACT} \ \mathsf{CHASSE} - \mathsf{BACKWARD} \ \mathsf{ROCK} - \mathsf{COMPACT} \ \mathsf{CHASSE}$

- 1-2 R step forward, recover to L
- 3&4 R step next to L, L step next to R, R step next to L

- 5-6 L step backward, recover to R
- 7&8 L step next to R, R step next to L, L step next to R

IV.□SIDE STEP – SIDE SHUFFLE – SIDE STEP – SIDE SHUFFLE

- 1-2 R step to right side, L step next to R
- 3&4 R step to right side, L step next to R, R step to right side
- 5-6 recover to L, R step next to L
- 7&8 L step to left side, R step next to L, L step to left side

SESSION C: 64 Counts

I.□SIDE STEP – BACKWARD CROSS ROCK – SIDE STEP – BACKWARD CROSS ROCK – SIDE STEP – CLOSE

- 1-2 R step to right side, L step behind R
- 3-4 recover to R, L step to left side
- 5-6 R step behind L, recover to L
- 7-8 R step to right side, L step next to R

II. DELAYED PIVOT ¼ - SWAY

- 1-2 R step forward, hold
- 3-4 turn ¼ to left then L step slightly to left side, hold
- 5-6 recover to R, recover to L
- 7-8 recover to R, recover to L

III. \Box SIDE STEP – BACKWARD CROSS ROCK – SIDE STEP – BACKWARD CROSS ROCK – SIDE STEP – CLOSE

- 1-2 R step to right side, L step behind R
- 3-4 recover to R, L step to left side
- 5-6 R step behind L, recover to L
- 7-8 R step to right side, L step next to R

IV. DELAYED PIVOT 1/4 - SWAY

- 1-2 R step forward, hold
- 3-4 turn ¼ to left then L step slightly to left side, hold
- 5-6 recover to R, recover to L
- 7-8 recover to R, recover to L

V. \Box SIDE STEP – BACKWARD CROSS ROCK – SIDE STEP – BACKWARD CROSS ROCK – SIDE STEP – CLOSE

- 1-2 R step to right side, L step behind R
- 3-4 recover to R, L step to left side
- 5-6 R step behind L, recover to L
- 7-8 R step to right side, L step next to R

VI. DELAYED PIVOT ¼ - SWAY

- 1-2 R step forward, hold
- 3-4 turn ¼ to left then L step slightly to left side, hold
- 5-6 recover to R, recover to L
- 7-8 recover to R, recover to L

VII.□SIDE STEP – BACKWARD CROSS ROCK – SIDE STEP – BACKWARD CROSS ROCK – SIDE STEP – CLOSE

- 1-2 R step to right side, L step behind R
- 3-4 recover to R, L step to left side
- 5-6 R step behind L, recover to L
- 7-8 R step to right side, L step next to R

VIII. DELAYED PIVOT 1/4 - SWAY

- 1-2 R step forward, hold
- 3-4 turn ¼ to left then L step slightly to left side, hold
- 5-6 recover to R, recover to L
- 7-8 recover to R, recover to L

TAG:

- 1-2 R step to right side, L step behind R
- 3-4 recover to R, L step to left side

ENDING: For a nice Ending, make a full turn Spiral to left to finish the dance.

For more information, please contact me on: Contact: febe.yamamoto738@gmail.com