

Love My Life

拍数: 32 墙数: 4 级数: Improver WCS
编舞者: Maria Maag (DK) - November 2016
音乐: Love My Life - Robbie Williams : (Album: The Heavy Entertainment Show -
Deluxe - 3:28)



Intro: 16 Counts from first beat in music

Tag: 8 Counts after wall 3 (facing 9:00) See more details below

Ending: On wall 10 after 3& counts (facing 3:00), slowly turn ¼ L in the sweep (4), step L back (5)...The End

[1 – 8] □ Walk walk anchor step sweep back R, back rock L recover R, kick ball cross R □

1-2 Walk fw. R (1), walk fw. L (2) □ 12:00
3&4 Step R behind L (3), step down L (&), step back R and sweep L back (4) □ 12:00
5-6 Rock back L (5), recover R (6) □ 12:00
7&8 Kick L fw. (7), step down L (&), cross R over L (8) □ 12:00

[9 – 16] □ Side rock L recover R , sailor step L, behind ¼ L lockstep fw. R □

1-2 Rock L to L side (1), recover R (2) □ 12:00
3&4 Cross L behind R (3), step R to R side (&), step down L (4) □ 12:00
5-6 Cross R behind L (5), turn ¼ L stepping down L (6) □ 09:00
7&8 Step R fw. (7), lock L behind R (&), step R fw. (8) □ 09:00

[17 – 24] □ Cross rock L recover R, chasse ¼ L, cross rock R recover L, side rock R recover L cross R behind □

1-2 Cross rock L over R (1), recover R (2) □ 09:00
3&4 Turn ¼ L stepping down L (3), step R next to L (&), step L to L side (4) □ 06:00
5-6 Cross rock R over L (5), recover L (6) □ 06:00
7&8 Rock R to R side (7), recover L (&), cross R behind L (8) □ 06:00

[25 – 32] □ Side step L point R, triple ¼ R step ½ turn R mambo together raise on ball of both feet □

1-2 Step L to L side (1), point R to R side (2) □ 06:00
3&4 Turn ¼ R stepping down R (3), step L next to R (&), step R fw. (4) □ 09:00
5-6 Step fw. L (5), turn ½ R stepping down R (6) □ 03:00
7&8 Rock fw. L (7), recover R (&), step L next to R and lift both heels (weight a little bit more on L than R) □ 03:00

Tag : □ Walk walk ankorstep, walk back walk back coaster step □

1-2 Walk fw. R (1), walk fw. L (2)
3&4 Step R behind L (3), step down L (&), step back R and sweep L back (4)
5-6 Walk back L (5), walk back R (6)
7&8 Step back L (7), step R next to L (&), step fw. L (8)

Enjoy...:-)

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