

Dirt on My Boots

拍数: 48 墙数: 2 级数: Phrased Beginner - Contra
编舞者: Mike Liadouze (FR) - November 2016
音乐: Dirt on My Boots - Jon Pardi



Introduction: 16 counts - Sequence: AAB AAAB AAA Tag AB AA

Part A : 16 counts

A[1-8] □ WALK FORWARD x3, 1/4 R TOUCH & CLAP, 1/4 R WALK BACK x3, TOUCH

1-2-3-4 Three steps forward RLF, ..1/4 turn R.., touch L toe together & CLAP (contra : forward) □ (3:00)

5-6-7-8 ..1/4 turn R.. three steps back LRL, touch R toe together □ (6:00)

Option 1: Big step L back, slide PF together (7-8)

Option 2: Shuffle L back (7&8)

A[9-16] □ VINE, TOUCH, VINE, TOUCH

1-2-3-4 Step RF side, step LF behind RF, step RF side, touch L toe together

5-6-7-8 Step LF side, step RF behind LF, step LF side, touch R toe together

Option 1: Grand step G side, slide RF together (7-8)

Option 2: Shuffle L side (7&8) □

Part B : 32 counts

B[1-8] □ SLAPPING LEATHER, KICK, HOLD BALL CROSS, ROCK STEP, 1/2 R SIDE, TOGETHER

1&2& Slap RF over LF with LH, slap RF side with RH, slap RF behind LF avec LH, kick RF diagonally forward

3&4 HOLD, step RF together, cross LF over RF

5-6-7-8 Rock step RF side, recover on LF side, ..1/2 turn R.. step RF side, step LF together □ (6:00)

Easy option : Touch R toe in, touch R heel out, touch R toe in, kick RF diagonally forward (1&2&)

B[9-16] □ OUT, OUT, IN, HITCH, HOLD CROSS SIDE, CROSS ROCK, SHUFFLE SIDE

1&2& Step RF out, step LF out, step RF back, hitch L knee

3&4 HOLD, cross LF over RF, step RF side

5-6 Cross rock LF over RF, recover on RF back

7&8 Step LF side, step RF together, step LF side

B[17-24] □ STOMP x4, HEEL SWIVEL x2

1-2-3-4 Stomp up RF together, stomp down RF side, stomp up LF together, stomp down LF side

5-6-7-8 Swivel R heel in, recover on RF parallel, swivel L heel in, recover on LF parallel

B[25-32] □ SLAPPING LEATHER, KICK, HOLD BALL CROSS, ROCK STEP, 1/2 R SIDE, TOGETHER

1-8 Repeat first 8 counts of part B □ (12:00)

TAG (after 7th part A): JAZZ BOX R : cross RF over LF, step LF back, step RF side, step LF forward (1-2-3-4)

For more FUN try the dance in contra & add options for musicality!!

Mike Liadouze (Last update : 14/11/2016)

Email : mike.liadouze@gmail.com - Website : <http://mikeliadouze.free.fr>