

Comin' In Hot

拍数: 32 墙数: 0 级数:
编舞者: Dan Albro (USA) - December 2016
音乐: Comin' In Hot - Jason Aldean



Intro: 16 Counts Start With Vocals

[1-8] □ □ STEP, ROCK AND CROSS, ROCK AND CROSS, UNWIND ½, TRIPLE ½ TURN

1,2&3 Step fwd R, rock side L, replace weight on R, cross step L over R
4&5, Rock side R, replace weight on L, cross step R over L,
6,7 Unwind ½ turn left (weight on L) turn ¼ turn left stepping back on R,
&8 Step L next to R, turn ¼ left stepping side R

[9-16] □ □ BEHIND, SIDE, CROSS & HEEL & CROSS, ¼ BACK, ½ FWD, ¼ SIDE, TOGETHER, SIDE

1&2&3 Cross step L behind R, step side R, cross step L over R, step side R, touch L heel angle fwd left
&4,5 Step back on L, cross step R over L, turn ¼ right stepping back on L
6,7&8 Turn ½ right stepping fwd R, turn ¼ right stepping side L, step R next to L, step side L

[17-24] □ □ SAILOR, SAILOR, ¼ TURN, ROCK, REPLACE, OUT, OUT, LIFT HEELS, DROP HEELS

1&2 Cross step R behind L, step side L, step side R
3&4 Cross step L behind R, turn ¼ right stepping fwd R, step fwd on L
5,6&7 Rock fwd on R, replace weight on L, step side R, step side L (feet shoulder width apart)
&8 Lift both heels bending knees, drop heels

[25-32] □ □ TOES, HEELS, TOES, & HEEL & STEP, TOUCH FWD, TOUCH SIDE, SAILOR ½ TURN

1&2 Bring both toes in, bring both heels in, bring both toes in
&3&4 Step back on R, touch L heel fwd, step L next to R, step fwd R
5,6,7 Touch L toe fwd, touch L toe side, cross step L behind R turning ¼ left
&8 Turn ¼ left stepping side R, step side L