

One More Chance

拍数: 32 墙数: 4 级数: Improver / Intermediate
编舞者: Ria Vos (NL) - November 2016
音乐: One More Chance (Edited Album) - Maxi Priest : (Album: Maxi Priest - a Collection)



Intro: 16 Counts

R Cross Rock, & Weave R, L Cross Rock, & Weave L with Sweep

1-2& Cross Rock R Over L, Recover on L, Step R Next to L
3&4& Cross L Over R, Step R to R Side, Cross L Behind R, Step R to R Side
5-6& Cross Rock L Over R, Recover on R, Step L Next to R
7&8 Cross R Over L, Step L to L Side, Cross R Behind L Sweeping L from Front to Back

Back Sweep ¼ R Sailor Step, Touch-Step-Touch, Side, Sailor 1/2 L, Diagonal Ball-Step

1 Step Back on L Sweeping R from Front to Back
2&3 ¼ Turn R Step R Behind L, Step L Next to R, Step R Fwd to R Diagonal
&4& Touch L Next to R, Step L Fwd to L Diagonal, Touch R Next to L
5 Step R to R Side Sweeping L 1/2 Turn L
6&7 Step L Behind R, Step R Next to L, Step L Fwd to R Diagonal
&8 Step R to R Side, Step L Fwd to R Diagonal

Note: 7&8 look at this as being a crossing shuffle, but going fwd to the R diagonal

R Side, Rock Back, Rumba Step Fwd, Side, Rock Back, Scissor Cross, Side

1 Step R to R Side
2& Rock Back on L, Recover on R
3&4& Step L to L Side, Step R Next to L, Step Fwd on L, Touch R Next to L
5 Step R to R Side
6& Rock Back on L, Recover on R
7&8& Step L to L Side, Step R Next to L, Cross L Over R, Step R to R Side

L Rock Back, & R Rock Back & Point, Coaster Step, Step Pivot ½ R, Step Fwd

1-2& Rock Back on L, Recover on R, Step L Next to R
3&4 Rock Back on R, Recover on L, Point R to R Side (option: R Behind, L Side, Point R)
5&6 Step Back on R, Step L Next to R, Step Fwd on R
7&8 Step Fwd on L, Pivot ½ Turn R, Step Fwd on L

Contact: dansenbijria@gmail.com