

Nothin' To Lose

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Pat Newell (USA) - November 2016
音乐: Every Time It Rains - The Derailers : (16 in)



Alt. Music: Two good Reasons, Kenny Rogers - 32 in - 124 bpm

Learning: heel stand, toe point, vine, vine to ¼, walk back with hitch, jazz box and jazz box with touch

LEFT HEEL STAND, RIGHT TOE POINT, TOUCH TOGETHER, RIGHT HEEL STAND, LEFT TOE POINT, TOGETHER TOUCH

1-4 Touch L heel fwd, step on L, touch R toe to R side, return and touch beside L

5-8 Touch R heel fwd, step on R, touch L toe to L side, return and touch beside R

LEFT VINE, WITH TOUCH, RIGHT VINE TO ¼ R, TOUCH

1-4 Step L to L, R behind L, L to side, touch R

5-8 Step R to R, step L behind R, turn ¼ R, touch L

WALK BACK L,R,L, HITCH R. STEP BACK ON R, TOUCH L, STEP FWD ON L , SCUFF R

1-4 Walk back L, R, L, hitch R

5-8 Step back on R, touch L, step forward on L, scuff R

RIGHT OVER LEFT JAZZ BOX, RIGHT OVER LEFT JAZZ BOX, TOUCH L ON CT 8

1-4 Cross R over L, step back on L, step R to side, step slightly forward on L

5-8 Cross R over L, step back on L, step R to side, touch L beside R

Begin Again

SMILE AND DANCE FOR THE HEALTH OF IT
