

Sax

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Paul Snooke (AUS) & Kate Simpkin (AUS) - October 2016
音乐: Sax - Fleur East : (Album: Love, Sax and Flashbacks - 2015)



Notes: -

- * The dance will start 16 counts after the first beat of the song when the vocals start
- * This dance is meant to be fun. It's a funky track so have a bit of fun with it and make it your own.

[1-8] R fwd, L shuffle, R fwd, L back sweeping R, R back sweeping L, L behind, R side, L cross

- 1-2&3-4 Step R fwd, Step L fwd, Step R together, Step L fwd, Step R fwd
5-6 Step L back sweeping the R back, step R back sweeping the L back,
7&8 Cross L behind R, step R to R side, cross L over R (12:00)

[9-16] R side dragging L, L together hitching R, R back popping L, L back popping R, R back popping L, L back, R fwd, L fwd, R fwd, clap twice

- 1-2 Step R to R side dragging the L towards the centre, step L together hitching the R
3&4 Step R back popping the L, step L back popping the R, step R back popping the L
&5-6 Step L back, step R fwd, step L fwd
7&8 Step R fwd, clap twice together up at head height slightly to the R (12:00)

[17-24] ¼ L side pushing L hip, L hip, R hip, R hip, L cross, R side, L behind sweeping R, R behind, L side, R cross

- 1-2-3-4 Turning ¼ R step L to L side bumping on the L hip, bump L hip, bump R hip, bump R hip pushing the L toe out to L side (3:00)
5&6 Cross L over R, step R to R side, cross L behind R sweeping the R back
7&8 Cross R behind L, step L to L side, cross R over L

[25-32] ¼ L V step, R side body roll, L shoulder roll while lunging on R, L side body roll, R shoulder roll while lunging on L,

- 1-2-3-4 Turning ¼ L step L fwd slightly on the diagonal, step R to R side, step L back to its previous position stepping back on the diagonal, step R together (v-step) (12:00)
5-6 Step R to R side as you complete a side body roll to the R, lower the weight on R into a lunge rolling the L shoulder back
7-8 Step L to L side as you complete a side body roll to the L, lower the weight on L into a lunge rolling the R shoulder back (12:00)

[33-40] 1/8 R fwd, 1/8 L fwd, 1/8 R fwd, 1/8 L fwd, R side shuffle, ¼ L side, R cross

- 1-2-3-4 Turning 1/8 R step R fwd, turning 1/8 R step L fwd, turning 1/8 R step R fwd, turning 1/8 R step L fwd (6:00)
5&6-7-8 Step R to R side, step L together, step R to R side (shuffle), turning ¼ L step L to L side, cross R over L (3:00)

[41-48] L side, R side, clap, shimmy while leaning back for 2 counts, Freeze R with ¼, Together

- &1-2-3-4 Step L to L side, step R to R side, clap hands out in front of body, shimmy as you lean back slightly for 2 counts
5-6-7-8 Step R to R side, cross L behind R, turning ¼ R step R fwd, step L together (6:00)

[49-56] R side dragging L, L touch, L side dragging R, R touch, R scuff ¼, ¼ R side, ¼ L together popping R knee bending slightly fwd popping the butt, clap twice

- 1-2 Step R to R side moving the L hand out to the side keeping the arm straight and crossing the R hand over the chest with a bent arm and flick fingers upwards, touch L together bringing both hands back to chest

- 3-4 Step L to L side moving the R hand out to the side keeping the arm straight and crossing the L hand over the chest with a bent arm and flick fingers upwards, step L together bringing both hands back to chest
- 5-6-7&8 Turning $\frac{1}{4}$ L step L fwd, step R fwd, pivot $\frac{1}{2}$ L keeping weight back on the R foot, clap twice (9:00)

[57-64] R side, L side, shimmy while leaning back for 2 counts, 1/16 on ball of L stomping R popping right shoulder fwd, L shoulder fwd 4 times (all up it will be a $\frac{1}{4}$ turn to the L)

- 1-2-3-4 Step L to L side, step R to R side, shimmy as you lean back slightly for 2 counts
- 5& Turn 1/16 L on the ball of L foot stomping the R to side while having both hands in fists pushing the R shoulder fwd and the L shoulder back, push L shoulder fwd and R shoulder back
- 6& Turn 1/16 L on the ball of L foot stomping the R to side while having both hands in fists pushing the R shoulder fwd and the L shoulder back, push L shoulder fwd and R shoulder back
- 7& Turn 1/16 L on the ball of L foot stomping the R to side while having both hands in fists pushing the R shoulder fwd and the L shoulder back, push L shoulder fwd and R shoulder back,
- 8 Turning 1/16 L on the ball of L foot stomping the R to side while having both hands in fists pushing the R shoulder fwd and the L shoulder back (6:00)

Tag: on the 6th wall, dance up to count 28, you will be facing the back wall and repeat the V step twice. In total complete 3 V steps and just continue on with the dance with the body rolls.

Ending: On the 7th wall finish on count 48 (pivot $\frac{1}{4}$ R to the back wall) twist your body to the front hands on hips

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This sheet is the original version of the sheet ☐
