

# Sofia

拍数: 32      墙数: 4      级数: High Beginner  
编舞者: Jette Matthiesen (DK) - November 2016  
音乐: Sofia - Álvaro Soler : (iTunes)



Intro: 16 count start on vocal

**#1. Section:** □ R Sugarfoot, R schuffle forw. L sugarfoot, L schuffle forw. □

1 - 2            R toe pointing towards L toe, R heel beside L toe □ 12  
3 & 4           R forw. L beside R, R forw □ 12  
5 - 6           L toe pointing towards R toe, L heel beside L toe □ 12  
7 & 8           L forw. R beside L, R forw □ 12

**#2. Section:** □ R rock forw. R shuffle back, L shuffle back, R back rock

9 - 10          R forw. Weight back into L □ 12  
11 & 12        R back, L beside R, R back □ 12  
13 & 14        L back, R beside L, L back □ 12  
15 - 16        R back, weight forw. Into L □ 12

**#3. Section:** □ R samba step, L samba step, R jazzbox 1/4 turn R

17 & 18        R cross over L, L beside R, R forw □ 12  
19 & 20        L cross over R, R beside L, L forw □ 12  
21 - 22        R cross over L, L back, □ 12  
23 - 24        R 1/4 turn R, L beside R □ 3

**#4. Section:** □ R L R heel dig, hold clap x 2, R L R point to side, Hold clap x 2

25 & 26        R heel forw, R beside L, L heel forw □ 3  
27 & 28        L beside R, R heel forw. Hold clap x 2 □ 3  
29 & 30        R point to R, R beside L, L point to L □ 3  
31 & 32        L beside R, R point to R side, hold clap x 2 □ 3

End of dance, have fun

Tag 1 : end of wall 2 facing 6 o'clock, make a rockingchair and start again

Tag 2 : end of wall 7 facing 6 o'clock, make a rockingchair and start again

Tag: Rocking chair

1 - 2            R forw. Weight back into L  
3 - 4            R back, weight forw. Into L

Restart 1: in wall 5 facing 12 o'clock, after count 16 in section 2, after R back rock

Restart 2: in wall 12 facing 6 o'clock, after count 16 in section 2, after R back rock

Ending: step forw. On R

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