

Take 5

拍数: 80 墙数: 2 级数: High Intermediate
编舞者: Hiroko Carlsson (AUS) - November 2016
音乐: The Dave Brubeck Quartet (Short Version) - Take 5 : (Not Available on iTunes)



(Intro 60 /Start after you hear the saxophone)

Each section contains 10counts (5counts x 2)

[S1] R Step-Lock-Step, 3/4R, Fwd L Step-Lock-Step, 1/2L, Fwd,

1 2&3 Step R fwd (1), hold (2), step L behind R(&), step R fwd (3)
4 5 Step L fwd then turn 3/4R (4), step R fwd (5) (9:00)

1 2&3 Step L fwd (1), hold (2), step R behind L (&), step L fwd (3)
4 5 Step R fwd then turn 1/2L (4), step L fwd (5) (3:00)

[S2] Side, Rock Behind, Recover, Side, Together Side, Rock Behind, Recover, 1/4R Fwd, Together

1 2&3 Step R to side (1), hold (2), rock L behind R (&), recover weight on R (3)
4 5 Step L to side (4), step R next to L (5)

1 2&3 Step L to side (1), hold (2), rock R behind L (&), recover weight on L (3)
4 5 Turn 1/4R step R fwd (4), step L next to R (5) (6:00)

[S3] R Side-Touch, L Side-touch, Back, Touch R Side-Touch, L Side-touch, Back, Together

1&2 Step R (diagonally) to side (1), touch L next to R (&), hold (2)
&3 Step L to side (&), touch R next to L (3)
4 5 Step R back (slightly right side) (4), touch L next to R (5)

1&2 Step R (diagonally) to side (1), touch L next to R (&), hold (2)
&3 Step L to side (&), touch R next to L (3)
4 5 Step R back (slightly right side) (4), step L next to R (5) (6:00)

[S4] Cross, Side, 1/8R Together, Together, Fwd, Fwd Fwd, Cross, 3/8L Together, Together, Diagonal Fwd, Touch

1&2 Cross R over L (1), step L to side (&), hold (2)
&3 Turn 1/8R step R next to L (&), weight switch on L (3)
4 5 Step R fwd (4), step L fwd (5) (7:30)

1&2 Step R fwd (1), cross L over R (&), hold (2)
&3 Turn 3/8L step R next to L (&), weight switch on R (3)
4 5 Step R fwd slightly left diagonal (4), touch L next to R weight on R (5) (3:00)

[S5] Side Together, Back, Back, Together Side, Together, Fwd, Fwd, Fwd

1 2 Step L to side, step R next to L
3 4 5 Step L back, step R back, step L next to R

1 2 Step R to side, step L next to R
3 4 5 Step R fwd, step L fwd, step R fwd (3:00)

[S6] Side, Cross, Back, Back, Cross Side, 1/4L, 1/2L, 1/2L, Together

1 2 Step L to side, cross R over L,
3 4 5 Step L back, step R back, cross L over R

1 2 3 Step R to side, turn 1/4L step L fwd, turn 1/2L step R back
4 5 Turn 1/2L step L fwd, step R next to L (12:00)

[S7] Side, Together, Back, Back, Together Side, Together, Fwd, Fwd, Fwd

1 2 Step L to side, step R next to L
3 4 5 Step L back, step R back, step L next to R

1 2 Step R to side, step L next to R
3 4 5 Step R fwd, step L fwd, step R fwd

[S8] Side, Cross, Back, Back, Cross Side with 1/2L Sweep, Rock Back, Recover, Fwd

1 2 3 Step L to side, cross R over L, step L back*
4 5 Step R back, cross L over R

1 2 Step R to side, turn 1/2L sweep L around R
3 4 5 Rock L back**, recover weight on R, step L fwd

Step Change + Restart - Wall 4: Count 73 (section 8)*

[S8] Side, Cross, Back, 1/2R Fwd, Fwd

1 2 3 Step L to side, cross R over L, step L back
4 5 *Turn 1/2R step R fwd, step L fwd

Then, Restart (12:00)

Ending - Wall 5: Count 77 (section 8) **

After 1/2L Sweep, Rock L back (6:00), Step R fwd and pivot 1/2L weight on L (12:00)

**Please contact me for demo & work-through, I will send via e-mail as an attachment.
(hirokoinedancing@gmail.com)**

(Updated: 7/Nov/2016)
