

# This Is Me

**COPPER** KNOB  
BY STEPHEN

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Miguel Sastre (ES) - November 2016  
音乐: This Is Me - Derek Ryan



**Start on Lyrics: or 17 counts**

## **Cross Rock RF , Chassé , Rock Fwd, Shuffle ½ Turn**

1-2            RF Cross Rock , Recover  
3&4           RF Step Side to R , LF Step Together , RF Step side to R  
5-6            LF Rock Fwd, Recover  
7&8            LF ¼ Turn to R Step Side , RF Step Together , LF ¼ Turn to R Step Fwd ( 6:00 )

## **½ Turn Step x2 , Lock Step Fwd, Rock Fwd, Coaster Step**

1-2            ½ Turn To L RF Step Back, ½ Turn To L LF Step Fwd  
3&4            RF Step Fwd , LF Step Behind RF, RF Step Fwd  
5-6            LF Rock Fwd, Recover  
7&8            LF Coaster Step

**Easy Option: 1-2 RF Step Fwd, LF Step Fwd**

**Restart Here in Wall 4 ( Count 16 )**

## **Cross Step, Side , Sailor Step, Cross Step, Side, Behind Side Cross**

1-2            RF Cross Step, LF Step Side  
3&4            RF Sailor Step  
5-6            LF Cross Step, RF Step Side  
7&8            LF Step Behind RF , RF Step Side, LF Cross Step to R

## **Step Side to R, Together, Lock Step Fwd, Rock Fwd, ¼ Turn Chassé**

1-2            RF Step Side, LF Step Together RF  
3&4            RF Step Fwd, LF Step Behind RF, Rf Step Fwd  
5-6            LF Rock Fwd, Recover  
7&8            ¼ Turn to L LF Step Side, RF Together LF, LF Step Side To L

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