

This Is Me

COPPER **KNOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Miguel Sastre (ES) - November 2016
音乐: This Is Me - Derek Ryan



Start on Lyrics: or 17 counts

Cross Rock RF , Chassé , Rock Fwd, Shuffle ½ Turn

1-2 RF Cross Rock , Recover
3&4 RF Step Side to R , LF Step Together , RF Step side to R
5-6 LF Rock Fwd, Recover
7&8 LF ¼ Turn to R Step Side , RF Step Together , LF ¼ Turn to R Step Fwd (6:00)

½ Turn Step x2 , Lock Step Fwd, Rock Fwd, Coaster Step

1-2 ½ Turn To L RF Step Back, ½ Turn To L LF Step Fwd
3&4 RF Step Fwd , LF Step Behind RF, RF Step Fwd
5-6 LF Rock Fwd, Recover
7&8 LF Coaster Step

Easy Option: 1-2 RF Step Fwd, LF Step Fwd

Restart Here in Wall 4 (Count 16)

Cross Step, Side , Sailor Step, Cross Step, Side, Behind Side Cross

1-2 RF Cross Step, LF Step Side
3&4 RF Sailor Step
5-6 LF Cross Step, RF Step Side
7&8 LF Step Behind RF , RF Step Side, LF Cross Step to R

Step Side to R, Together, Lock Step Fwd, Rock Fwd, ¼ Turn Chassé

1-2 RF Step Side, LF Step Together RF
3&4 RF Step Fwd, LF Step Behind RF, Rf Step Fwd
5-6 LF Rock Fwd, Recover
7&8 ¼ Turn to L LF Step Side, RF Together LF, LF Step Side To L

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