

A Little Rock N' Roll

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Beginner
编舞者: Annette Maidment (UK) - November 2016
音乐: A Little Rock N' Roll - Johnathan East : (Album: One Horse Town - iTunes)



Start on Vocals, 14 counts from first heavy beat of intro.

Section 1: □ Point, Touch, Heel Dig, Touch, Back Right Mambo, Hold

1,2, 3,4 Point right toe to right side, touch next to left, right heel dig forward, touch next to left.
5,6,7,8 Rock back on right, recover weight on left, step forward on right, hold.

Section 2: □ Point, Touch, Heel Dig, Touch, Back Left Mambo, Hold

1,2,3,4 Point left toe to left side, touch next to right, left heel dig forward, touch next to right.
5,6,7,8 Rock back on left, recover weight on right, step forward on left, hold.

Section 3: □ Forward Right Mambo, Hold, Back Left Mambo, Hold.

1,2,3,4 Rock forward on right, recover weight on left, step back on right, hold.
5,6,7,8 Rock back on left, recover weight on right, step forward on left, hold.

Section 4: □ Toe Strut ¼ Turn Left x 4

1,2,3,4 Step forward on right toe heel turning a ¼ left, step forward on left toe heel turning a ¼ left.
5,6,7,8 Step forward on right toe heel turning a ¼ left, step forward on left toe heel turning a ¼ left.

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